

# THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

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[www.TheUSB.org](http://www.TheUSB.org)



## WHAT ARE THE RULES OF THE GAME OF LIFE?

Many people on the spiritual path say that they are looking for ways to make spiritual progress and understand the laws that govern the universe.



A special group of spirit teachers shared their knowledge of such subjects in 1956-57 through Leslie Flint (photo), the famous independent direct voice medium of the 1930s–1990s, and through his fellow medium Estelle Roberts. Those teachers' words suggested they were of exceptional wisdom and spirituality and others said they were Great or Illumined Souls from the highest spirit realms. They also asked that a nonreligious, nonprofit organization, The Universal Spiritual Brother&Sisterhood (USB), be formed on earth to spread their knowledge.

They taught that over ages of time they had identified innumerable laws of nature, or laws of God, that they call 'The Laws That Govern'. They explained that the extent to which we live by the *spiritual* Laws That Govern determines our rate of progression. Some of those Laws, including the Laws of Responsibility, Service, Justice, Love, and Attraction, were already introduced in an item in the September 11th Report. They also taught that there is The Law of Life, which includes The Law of Motion, The Law of Vibration, The Law of Change, The Law of Variety, and The Law of Multiplication.

**The Law of Life** is the Law that enables the individual to exist and provides each of us with a spark of divinity and free will. It also provides intelligence to each and every cell of every being and every living thing, enabling each cell to produce and reproduce intelligently, according to a habit pattern.

This Law makes possible *all* manifestations of life, in *all* its aspects. It makes what is called spirit return possible—the ability to feel the touch of a loved one, or hear the voice of a loved one, or even see a loved one who has moved on to spirit life. And it enables Illumined Souls to bring light to individuals and groups that strive to attune themselves to the higher spirit realms.

It is, in a nutshell, the Law that enables the universe to be, and the magnificent power *behind* it is God, or whatever we call the Supreme Being.

**The Law of Motion** tells us that *everything* is either *in* motion, or has motion *within* it, or both. Nothing is motionless, even the smallest grain of sand, and the tiniest speck of dust, are in ceaseless motion; for like all things visible to our physical eyes are composed of a great many atoms, each atom including protons and neutrons, and electrons moving around them.

Also, there is a specific *rate of motion*, and a specific *type of motion*—oscillating, revolving, or rotating, for instance—for the atoms of any particular element.

**The Law of Vibration** is more comprehensive and includes The Law of Motion. This Law gives every single thing and every creature an individual “pulse” or “beat” or “rate” that reflects its nature and quality. All expression and appearance (manifestation) are governed by The Law of Vibration.

The *rate of vibration* is especially important, for it determines the *expression* of an object and the *appearance* of that object to our physical senses. Thus, all living things have their own rates of vibration and each species has its *own* range of rates of vibration, within which range it remains. Trees, for instance, have their own specific range or band of vibrations. And it is the specific *rate* of vibration within that specific range of vibrations that determines whether a tree is an oak or an elm or a beech or any other variety of tree. So too with all other species.

**The Law of Change** states that except for what is perfect as well as eternal—THE LAW, Truth, and the Creator of THE LAW and Truth—everything changes in one way or another, sooner or later, for better or for worse.

We witness change all about us, in day and night, in the seasons of the year, in the plant and animal kingdoms. Those *varying* aspects and expressions of any one person or creature or thing are only possible *because* of The Law of Change.

Change is natural and is essential for all expressions of life. We emphasize the ever-vital need for change in our life, provided that the change is for the better.

**The Law of Variety** allows all things and all species to express in different ways, with unity of expression but variety of manifestation. We have only to look about us to realize that it is a good Law—as of course all God’s Laws are—for there is beauty and enchantment in variety not only of species, but within a species.

There is an immense variety of flower species and an innumerable variety of forms of each of those species. Each species of flower shows unity of expression and variety of appearance. Together, they present a riot of color and a pageant of beauty to delight the heart and lift up the soul.



We find the same law of variety in the human species: all shapes and sizes; people of various colors—*all are humans*. The time will come when people everywhere will live as they all should—aware that they are *sisters and brothers all, children of a living and loving God*.

**The Law of Multiplication** is what allows rare, gifted individuals to multiply a small quantity of something, like rice or oatmeal or oil or bread, into large quantities.

These individuals can, in a few minutes, produce enough food to meet the moment's needs of scores or even hundreds of people from just a handful of it. In 1981 we knew of only one person on earth who possessed that power or "gift"—an exceedingly rare form of mediumship demonstrating The Law of Multiplication.

Various scriptures relate examples of this Law in operation, which is only possible when there is *something* to multiply. Indeed, we cannot create *anything*, not even a blade of grass, however much we may be privileged to multiply what The Source of All Good has created. It is enough to make us very humble and very grateful—if we think!

**In closing:** The full teachings of **The Universal Spiritual Brother&Sisterhood (USB)** are collected in its book, ***Spiritual Light***, of over 600 pages. It received **high praise** from Deepak Chopra, the Zammits, and numerous others. It is available from online booksellers and as a deluxe edition from the USB's website, [www.theusb.org](http://www.theusb.org), where you can greatly deepen your understanding of the USB. Or contact the USB at [staff@theusb.org](mailto:staff@theusb.org).

We plan to present more of the USB's wisdom, approximately monthly, in future reports.