THE UNIVERSAL SPIRITUAL BROTHER & SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

The Universal Spiritual Brother&Sisterhood-USB

INSPIRATION FROM GREAT SOULS: SPIRITUAL TEACHINGS

The wisest and most spiritually advanced leaders of the spirit realms visited the earth a few decades ago. Although their far higher vibrational levels gave them major difficulties, they conversed directly through exceptional mediums to share their knowledge, which we will discuss. They came on a mission to spiritualize. To distribute their high teachings and philosophy, they asked that an organization be formed on earth, the Universal Spiritual Brother&Sisterhood (USB). It is patterned on the great organization of the same name that they lead from the high spirit realms. They set high spiritual standards, they left audio recordings of their discussions, and we can best judge them from their teachings.

Those spiritual leaders include great prophets and teachers who once lived on earth. They told us they are in full agreement on all their teachings. They came to simply and clearly restate spiritual truths that had, over hundreds of years, become obscured by dogmas, rituals, misinterpretations, etc. For thirty years those Great Souls regularly visited and conversed directly through exceptional mediums with a few carefully chosen, very spiritual people on earth, to share advice and teachings that we will discuss.

Their primary purpose is to spiritualize us, to so raise the spirituality of nations, and thus transform our lives and relationships and unite humanity in peace. They demonstrated great love, and emphasized spiritual truth, high and pure teachings and philosophy, and service.

As a result of our individual actions and learning, both here on earth and in the spirit realms, we continually evolve in consciousness and spirituality. The most progressed spirit beings have the major responsibility of directing the help given to their brothers and sisters here on earth who have chosen to face earth's unique and great challenges in order to learn more rapidly and to take spiritual tests.

You can explore the USB's simple, unadorned truths of the spirit, founded on the eternal, natural laws. These truths can transform lives. You could then help spirit inspirers to enlighten those who are perplexed, weary, and in the dark.

Key spiritual teachings from the USB's Great Souls include:

- A human is a spirit with a physical body that is subservient to the spirit. The purpose of life in an earthly body is to spiritually develop that in-dwelling spirit through material experiences. When we return to spirit life, we will realize the importance of all those earthly experiences.
- Each of us is an indissoluble triune of a divine spark (soul), an animating factor (spirit), and an unlimited mind. This triune, our *real self*, has various bodies, some of which we will discard in time as we progress to higher rates of vibration.
- As we evolve spiritually, that greatest part of us *other* than our divine spark becomes more godlike, closer to The Most High.
- *How* we respond to adversity determines whether we progress or regress spiritually.
- We should strive for mental attunement with Great Souls.
- The greatest quest is the quest for Truth; the greatest conquest is the conquest of self.
- There are many important needs. But the greatest need today is the realization that all people are sisters and brothers, children of a living and loving God. We should always remain conscious of this, and treat people accordingly.

In closing: The USB's teachings are collected in its book, *Spiritual Light*, of over 600 pages. It received **high praise** from Deepak Chopra, the Zammits, and numerous others. It is available from online booksellers and from the USB's website, **www.theusb.org**, where you can greatly deepen your understanding of the USB. Or contact the USB at staff@theusb.org.

We plan to discuss more of these teachings, approximately monthly, in future posts.