

THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

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www.TheUSB.org



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Dear brothers and sisters:

This nonreligious e-newsletter goes out with blessings of love and peace to all, and in particular, to those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. Please share this with those you know who are interested in the spiritual development of individuals and our world. For access to past issues or to [sign up to receive future editions](#) via email (all free), please [visit our online archive](#). We always welcome your impressions, questions, or topic suggestions via email at staff@theusb.org.

Most importantly, we remind readers that the USB Illumined Inspirers would always have us bear in mind to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

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Our Previous Newsletters:

Find past issues [here](#). These topics were covered in our prior issue [eNL-38](#):

Red Cloud speaks about the USB's Future

About Evidence of Survival

Integrity is the Root of a Noble Character

USB Teachings in Friday Afterlife Reports



The Greatest Way

As we continue to experience much chaos and tumult in our daily lives on earth, many of us may have asked ourselves this question more than once: What is the greatest way to change our world for the better? For it is certainly in serious need of change, of changing the way so many of us live. Especially if we are unaware of the spiritual laws that govern our existence in this material realm, many of us may live divisive, selfish, or unconstructive lives. The spiritual consequences of living like this will be inescapable, like the impact of climate change on our world.

So, what is the greatest way to bring about the needed change? Is it through religion? Or via technology? Or politics? No, none of these can be the greatest because they tend to divide and separate people.



We need a great something that *unites* people, that they can all support. And that something is truth, and in particular spiritual truth, those fundamental truths (or Truths) which *never* change. *They* can be our reliable guides through life. We should all search them out and follow where they lead.

The most advanced spiritual beings of our planet, in its highest spiritual realms, have done just that through ages of time, and have identified many spiritual laws and principles to live by, which create a wonderful, loving environment in their higher realms. They teach and promote them through the largest, oldest, and best organized spirit organization of its kind, The Universal Spiritual Brotherhood, or USB (where in spirit life gender is not an issue, and Brotherhood includes all adults and children). They are *very* concerned about incarnate life on this planet, and the severe threat it imposes on the schooling that Earth provides for spiritual growth. Through one of their number, living on earth, they established an earthly organization, The Universal Spiritual Brother&Sisterhood (USB), patterned on the parent organization, to share their wonderful findings with all humanity.

Those Great Souls and their teachings in our book, [*Spiritual Light \(SL\)*](#), lead the work of the USB's mission, to spiritualize life on Earth. Would you like to participate in this noble mission?

Tangible Signs from Spirit

With the passing of a loved one to the spirit world, especially if it is sudden, it is not unusual for the grieving person still on earth to have a desperate desire to communicate with the one they lost, whether or not they believe this to be possible. What may not be understood is that very often the person who has recently passed urgently wishes to communicate with their loved one on earth as well. The spirit person soon discovers that they can be standing right beside their grieving loved one, waving their arms and shouting with all their might, and they will not be heard or seen. So, the question becomes: what to do? Mediums are not often part of the equation at that point so the newly transitioned spirit person has to get creative. This is where signs come in.

Signs are those little occurrences that could be easily overlooked or dismissed by the grieving person but which have been carefully orchestrated by the one who has recently passed to spirit. They will use flowers, birds, dragon flies, butterflies, feathers, stones, and other things found in the natural world and put them in places and situations which if noticed are particularly meaningful to the grieving person. Spirit people will also use the media: a movie or rerun that they enjoyed watching with their loved one, a favorite song that comes on the radio or pops up on a playlist right at the moment they are being thought about on earth. If they possess the power and the know-how, they may turn lights or other devices on and off in the home. As the USB teachings confirm:



When there is a need, those spirit friends who are close to us will use every and any available method to communicate. (SL, 1236:11)

It is discouraging, even sad, for the spirit people who are orchestrating these signs when they are overlooked or completely missed. While they are usually small, their significance can be huge when they are observed with an open mind. There are many books detailing this process from both sides of the veil. One such is: [*Flying High in Spirit: A Young Snowboarder's Account of His Ride Through Heaven*](#) by Mikey Morgan, as told to Carol Morgan with Roberta Grimes.

What rejoicing there is on both sides of the veil when, even amidst the fog of grief, a sign is noticed and, if not immediately accepted, perhaps at least contemplated! The more signs that are heeded, the more will come, until the grieving person no longer questions where they come from or who is sending them. This invariably leads to the joy of reconnection.

For an in-depth exploration of this topic, we refer our readers to the Universal Teachings from the Highest Spirit Realms contained in *Spiritual Light*, Chapter 12: Survival and Communication.

On Fishing and Sharing

Most of our readers have probably heard of the suggestion to not *give* a hungry person fish, but to teach them how to *catch* fish. A similar idea applies to the work of the USB.

Better than only suggesting a solution to someone's problem, USB members can draw their attention to *SL*, a book that provides so much spiritual food (enlightenment) on so many subjects. Its teachings and philosophy, from the wisest souls of our planet, should be a spiritual companion throughout our lives.

On the work of sharing spiritual food (Truth), *SL* has much wisdom to share about the *nobility* of this effort. Here are a few thoughts from Illumined Souls on this very topic:

It is our joy to share. It is our joy to prepare food for the hungry soul, and to place before the seeker what we feel will provide a measure of enlightenment. But it is the prerogative of *all* to accept or reject what we place before them. (*SL*, 316:4)

Only in unselfish service to our fellow travellers can we truly serve God. Those who seek to feed the hungry [in their souls, 316:4], those who seek for the purpose of feeding others—*they* are the doubly blessed. (*SL*, 516:7)

We are sisters and brothers, and we shall continue to seek for what shall bring to the children of earth the peace that they are searching for. We shall continue to bring to those hungry souls [spiritual] food to satisfy their craving [516:7]. (*SL*, A09:4)



Learning these teachings, living according to them, and sharing them with interested people, will enable us to feel confident through life's challenges, to be honorable, giving, and loving, and to be enthusiastic to help others with timeless wisdom. It will make us realize that we are spiritual partners with those great leaders of the USB's mission to spiritualize humanity on earth.

USB Teachings in Friday Afterlife Reports

With gratitude we share the following articles highlighting USB history and teachings, as featured in recent editions of Victor and Wendy Zammit's weekly [Friday Afterlife Report](#) online newsletters.

- **Personal Freedom: A Right that We Must Always Exercise with Responsibility**—Our individual freedom is real, but should be exercised in a balanced way, to avoid abusing the rights and welfare of others. ([March 14, 2025](#))
- **When Being Silent Hampers our Spiritual Progress**—It is always right, in a spiritual sense, to speak up in support of someone who is being unjustly treated or vilified. Staying silent in such circumstances diminishes our worthiness. ([April 11, 2025](#))
- **Each Day Offers a New Opportunity to Progress**—An Illumined Inspirer shares the many ways in which we can raise our level of consciousness, become more enlightened, and attuned to spiritual teachings. ([May 9, 2025](#))



How One Can Serve

Do you sometimes wonder how you may be of service to the USB's overarching mission of spiritualizing our world? There are many ways to do so—just a couple are suggested below.

You can serve by spiritualizing your own life to an ever greater degree, remembering always that love is the greatest basis of all spiritual life, and therefore also the greatest basis of the USB's work. (*SL*, 112:2)

You can plant the seed of spirituality in others—gently, unobtrusively—by the way you live, and by what you do. (*SL*, 112:3)



In light, love, and peace,
Your USB e-newsletter team

If any teaching and/or philosophy in this USB document conflicts with, or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

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