

# THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org



eNL-34, February 2024

Dear brothers and sisters:

This nonreligious e-publication goes out with blessings of love and peace to all, and in particular, to those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. Please share this with those you know who are interested in the spiritual development of individuals and our world. For access to past issues or to [sign up to receive future editions](#) via email (all free), please [visit our online archive](#). We always welcome your impressions, questions, or topic suggestions via email at [staff@theusb.org](mailto:staff@theusb.org).

Most importantly, we remind readers that the USB Illumined Inspirers would always have us bear in mind to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

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## ***Our Previous Newsletters:***

Find past issues [here](#). These topics were covered in our prior issue, [eNL-33](#):

*News from Our Spirit Leaders*

*The Power of Prayer*

*Winged Migration—An ADC Story*

*USB Teachings in Friday Afterlife Reports*

*Holiday Message—We Are Never Alone*

*A Timeless Gift*



## *Our Two Worlds—A Key Difference*

Living on earth we have little realization of the consequences of our thoughts and actions—the “effects” that result from the spiritual Law of Cause and Effect. That is because those consequences are often delayed, even until after our passing on (*Spiritual Light, SL 407:3*), and they are often unclear. There is a good reason for this. In this Earth School we are often being tested to see if we have learned our earthly lessons well, tested by opportunities and temptations to think and act negatively. The desirable and spiritually enlightened behavior during these tests is that we “do the right thing” regardless of the consequences.

In the Spirit World people live in the realm that they have earned by the spiritual progression they have made. This is obvious to everyone there. They routinely see people in lower realms, whom they try to help, and they see people from higher realms who come to teach and advise them. Such automatic workings of the Law of Cause and Effect are very apparent to everyone there. They also understand our need to reincarnate (in time) until we have learned all the lessons that earth can teach us.



This is a *key* difference between our two worlds. The existence and purposes of both worlds are truly wonderful and should inspire serious thought.

## *UFOs and Spirits*

Recently, we have been hearing a lot more about the incredible behaviors and maneuvers of UFOs, many of which seem to be ET craft. We wonder whether Earth’s spirit population has learned its mastery of similar phenomena from advanced ETs. Of those of us physically living on earth, most do not study how to cooperate with our Spirit World, for most don’t even know about it or don’t believe in it. But advanced and therefore spiritual ET civilizations that have probably mastered advanced phenomena surely *do* cooperate, whereas some of those phenomena are known on earth to only a few spiritualists (people who believe the deceased survive as spirits who can communicate with the living).

We understand that ETs are very concerned about our spiritual development and our use of nuclear weapons. Apparently, they are trying to inform us that other beings exist who are far more advanced than us, both technologically and spiritually—we presume spiritually from their behavior. But a major question has arisen, how could they have reached us so soon after our nuclear developments if the nearest galaxy, Andromeda, is

about 2.5 million light-years away? For this means that, even at the speed of light, it would take about 2.5 million years to travel from Andromeda to Earth.

There are three important spirit phenomena we know of that could make such fast, and even instantaneous, travel possible. Those are: *apports*, *materialization*, and *spirit travel*.

*Apports* are a phenomenon well known to spiritualists (see for example Tom Harrison's book, [\*Life after Death: Living Proof\*](#) and [\*The History of Spiritualism\*](#) by Arthur Conan Doyle). They include the appearance in locked and sealed rooms of various small objects, of flowers fresh with dew, of immovably large rocks, and of living birds. The mother of one of our newsletter writers described how she saw a small golden cross appear from light in the hand of a physical medium, and that a spirit guide told her it had been brought from the soil of an ancient battle field.

*Dematerialization and re-materialization* allow spirits to pass solid objects, such as apports, through solid walls. The spiritualist literature contains many well-witnessed reports of parts of and whole people appearing and disappearing to many observers (see, e.g., the above-mentioned two books). These sound very similar to UFOs that reportedly appear and disappear.

*Spirit travel* is well known to spiritualists. Many spirits have reported that it enables them, when trained and qualified, to instantly be at, or travel to, any place they choose. There are many reports, for example, of spirits visiting distant planets. Near Death Experiencers have had similar experiences.



All these three phenomena depend on the well-known, far-greater power of thought in spirit life. Earth's spirits also use it, for instance, to build and landscape in their world. So, it surely seems very likely that spiritually advanced ETs, in both physical and spirit life, would have learned the laws that govern the three phenomena just discussed long before our spiritualists heard of them. That knowledge alone could very well have enabled them to instantly travel vast intergalactic distances in their craft, to appear and disappear, and to perform and survive maneuvers that are far beyond those possible for present-day humans

## *Freedom and Rights for All*

While studying the USB's book *Spiritual Light* (SL) in a small group setting, we were recently reminded that personal freedom for every individual is a fundamental principle which the USB holds dear and steadfastly supports.

As an Illumined Soul has said:

We must give everyone above all things their personal freedom ... One of the most important facts, one of the most important tenets of our work, is that all ... shall be free to live and worship, and to die—as the world terms “die”—in their own way and fashion, in their own beliefs, or lack of beliefs. (SL, 108:5-6)

Moreover, SL teachings suggest that:

Those who love their fellow human beings insist on their right to be free—so long as they do not intrude on the freedom of others. (SL, 108:9)

One key point that the latter description makes clear is that individual freedom is not unlimited. It is bounded by the responsibility we each have to exercise our personal rights and liberties with care and judgment, for *liberty is not license*. So, our rightful claim to our freedom does not give us the privilege to abuse the rights of others with impunity, or to disregard their welfare. (SL, 849)

There are several categories of freedoms and rights to be aware of, some of which are highlighted below. Of course, this is not an exhaustive list.

- ***The freedom of personal interpretation***, which guides us not to expect everyone or anyone to respond to anything exactly as we ourselves respond to it—whether it is the melody we hear, or the flower we see, or the truths Illumined Souls present. (SL, 850: 4)
- ***The individual right to an opportunity to express in dignity as a human being***. Each of us has the right, *unless we forfeit it by our actions*, to be treated with respect and consideration, no matter whether we are rich or poor in the things of the world, and regardless of our race or color or faith or national origin. However, the right to express in dignity as human beings does not give anyone the right to impose *their* views upon the majority. (SL, 851: 3-6)
- ***The right to privacy***. A vital element of freedom is the right not only to do, but the right *not* to do. We have a right to go our own way, in our own fashion, so long as we do not harm or imperil others by our acts and actions. (SL, 852:1,4)

- ***A right and responsibility of nations.*** Individuals should be free to choose between what is good and what is bad, with society responsible for curbing those who would curtail or abuse the rights and freedom of others. In the same way, a *nation* should have the same freedom, with a society of nations being responsible for curbing any nation or group of nations that would infringe on the rights and freedom of others. (*SL*, 854)
- ***The right to dissent.*** In the freer nations, the right to dissent is taken for granted. What unfortunately is often not equally recognized by some dissenters, is the right of others to dissent from *them*. Dissenters do not have the right to harass and embarrass those who disagree with them. (*SL*, 855:1-2)

In conclusion, we share the following pearls of wisdom on freedom which give us plenty of food for thought and a way to gauge our own development as we travel along the spiritual path.

- Freedom and free will are our heritage, and no one has the right to take from us that which is our inheritance. It is only unevolved individuals, on either side of life, who would do so if they could. (*SL*, 853:1)



- True lovers of freedom want liberty not only for themselves but for *others*—just as those who strive for brother-and-sisterhood know that it must include *all* human beings, no matter who they are, no matter what the level of their consciousness. (*SL*, 853:6)

- To *have* freedom, we must yield a part of it. It is a small price to pay for that blessing. (*SL*, 853:8)

### ***USB Teachings in Friday Afterlife Reports***

It is with gratitude and thanks that we share these recent articles on USB teachings, as featured in Victor and Wendy Zammit's weekly [Friday Afterlife Report](#) online newsletters.

- **On Spiritual Blindness**—The USB explains that, due to the immensely greater power of the mind in the spirit world, people who believe *very determinedly*, for example, that there is no such thing as spirit life may face serious difficulties when they pass on to the next life. Belief in it (spirit life) is not necessary, but belief against it can be very problematic, especially in those cases where spirits stubbornly hold on to their mistaken beliefs. ([December 8, 2023](#))
- **Reflections at the Turn of the Year**—Offers a spiritually stirring excerpt from a December 1965 message as shared by an Illumined Soul of the USB, ideal for examining the past year and setting our sights on the twelve months to come. ([January 12, 2024](#))
- **Some Reflections About a Coma**—Referring to the USB’s teachings in *Spiritual Light*, this topic discusses possible reasons, especially spiritual ones, for the occurrence of, and circumstances surrounding a coma. ([February 9, 2024](#))



## *Noble Souls, Noble Language*

The USB teachings provide guidance and explain how important it is that language be used in ways that inspire and uplift:

The language of noble souls, however unlearned, however small their vocabulary, and whatever their dialect if any, is simple, wholesome, and gracious, untainted by unseemly language.

The worth of a cause can often be judged by the caliber of those who promote or endorse it; and that caliber is suggested by the nature of the language they use. A noble cause deserves noble language. It is never served by offensive language, which usually reveals the spiritual deficiency of those who employ it, and the spiritual immaturity of those who enjoy it. (*SL*, 713:3-4)



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In light, love, and brother-and-sisterhood,  
*Your USB e-newsletter team*

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

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