

# THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org



eNL-33, November 2023

Dear brothers and sisters:

This nonreligious e-publication goes out with blessings of love and peace to all, and in particular, to those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. Please share this with those you know who are interested in the spiritual development of individuals and our world. For access to past issues or to [sign up to receive future editions](#) via email (all free), please [visit our online archive](#). We always welcome your impressions, questions, or topic suggestions via email at [staff@theusb.org](mailto:staff@theusb.org).

Most importantly, we remind readers that the USB Illumined Inspirers would always have us bear in mind to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

## ***In This Newsletter:***

[\*News from Our Spirit Leaders\*](#)

[\*The Power of Prayer\*](#)

[\*Winged Migration—An ADC Story\*](#)

[\*USB Teachings in Friday Afterlife Reports\*](#)

[\*Holiday Message—We Are Never Alone\*](#)

[\*A Timeless Gift\*](#)

## ***Our Previous Newsletters:***

Find past issues [here](#). These topics were covered in our prior issue, [eNL-32](#):

*UFOs and the Afterlife*

*Coincidence or Evidence*

*On Spirit Gender*

*A Different Kind of Light*

*USB Teachings in Friday Afterlife Reports*

*Life is Eternal*



## *News from Our Spirit Leaders*

The spirit guides and leaders of our USB on earth recently gave us the following uplifting information about spirit organizations, including our parent organization. The Illumined Souls who lead both the Great White Brotherhood (GWB) service organization and its mainstream teaching component, the Universal Spiritual Brotherhood (USB) in spirit, had already told us in their book, *Spiritual Light (SL)*, that the immense, spiritual, nonreligious, long-existing, service organization, the GWB, works on both sides of life, and that the USB is devoted to teaching spiritual truth (*SL* 101:1-6).

It was exciting to first hear from our own spirit leaders that to give the right weight to the teachings in *SL*, they want the world to know that the GWB and the USB are the largest, oldest, and best organized such organizations in spirit life, having the most know-how due to their vast experience. And it was Illumined Soul Alcoon who had planned our present USB on earth upon the request of other Illumined Souls. Alcoon was and is the spirit twin soul (see *SL* 1321) of Michael Flagg, the founder of the USB on earth, now deceased; our leaders said she is now working with Michael in higher levels of service.

We were very interested to learn that the GWB extends beyond Earth to other planets in our galaxy; that its various branches give different forms of service; that its vastness covers all aspects; and that its wholeness is truly beautiful.

They went on to explain that most spirit people, except at the lowest levels, are devoted to service and naturally want and come to know the Illumined leaders of these organizations. It was a nice surprise, making us feel honored, to be told the

names of some of the GWB's and USB's leaders. Those names were: Zoroaster, Ahura Mazda (the god of light of the Ancient Persians), the ancient Egyptian Hermes Trismegistus (*SL* 313), Krishna, Jesus, Lao-tse, Alcoon, and Silver Birch. After becoming leaders, many of them occasionally incarnated, to teach.

And as a closing favor, they told us that there are a very few souls even *more* advanced than the illumined leaders of the GWB and USB. These few are not associated with planet Earth and give service on a cosmic level, to the Creator, not to human or spirit beings.

We felt, and still feel, very grateful for this inspiring information about the spirit organizations that we are privileged to be linked to.



## *The Power of Prayer*

The USB's book, *SL* and its audio recordings provide us with evidence of highly advanced spiritual inspirers seeking to guide humanity towards greater spiritual awareness, enlightenment, and thereby improving and uplifting life for all humanity on earth.

When praying or considering USB teachings about prayer, we should always remember that those teachings emphasize that the organization has no set prayers. Rather, the Illumined Souls instruct us that the most effective prayers are those that are expressed individually and sincerely, directly from a person's mind and heart. During prayer, we should concentrate intensely and visualize what we desire in joyous anticipation, but ask that our prayers be answered *only* if they are for the highest good and bring no harm to anyone. (*SL*, Section 5.4)

Prayer can be a very powerful way of providing spiritual service, and there is no limit to what we can pray for. With frequent practice, we can become more comfortable with praying, whether in silence or aloud. Examples of possible prayers might include:

- Praying for goodness and righteousness. (*SL*, 523:5-6)
- Praying for healing for those in need. (*SL*, 1111)
- Praying that we may be used for good in the service of others. (*SL*, 1407:4)
- Praying for help and guidance from spirit leaders, inspirers, and guides.
- We can pray that leaders on earth and others with influence and ability to bring about good changes, will be receptive to our prayers and will *act*. (*SL*, 825:4)



The following inspiring prayer is shared from an Illumined Soul:

I offer my prayer—not so much for the peace that *passeth* understanding, as for the peace that *bringeth* understanding within the hearts and minds of all the children of earth. May the leaders of nations gather together to resolve their differences around the council table, rather than on the field of battle. And may the weapons of war be transmuted into plowshares to till the soil and bring abundance of supply for all people everywhere, so that there shall not be any child of earth without sustenance. (*SL*, 524:1)

## *Winged Migration—An ADC Story*

There are numerous accounts of communication between people on earth and those who have transitioned to spirit life, and these interactions can manifest in a variety of ways. While many may be skeptical of the authenticity of these after death communication (ADC) experiences, a growing number of people who have had this amazing connection are sharing their experiences more openly. For someone who is grieving the transition of a loved one to the spirit realms, an ADC can be extremely inspiring, healing and life transforming, bringing them comfort and peace in the knowledge that their loved one's presence lives on.



We hope you enjoy listening to this short story titled [Winged Migration](#), which recently aired on the radio program *This American Life*. (Once on the story's web page, click on the symbol of an arrow inside a circle to play the audio). It describes a moving series of ADCs experienced by a family following the sudden disappearance of a beloved family member in early 2004. In the weeks that followed, they received several visits from a bird which they interpreted as messages from their loved one in the spirit realms. These interactions brought them comfort during their time of grief.

Note: The above personal interest story is independent of the USB teachings as presented in *Spiritual Light*. We share it here as an inspiring example of the accepted Truths of Survival (of death) and Communication (with spirit), but its inclusion in this publication does not imply an official endorsement by the USB.

## *USB Teachings in Friday Afterlife Reports*

It is with gratitude and thanks that we share these recent articles on USB teachings, as featured in Victor and Wendy Zammit's weekly [Friday Afterlife Report](#) online newsletters.

- **Take Pride in Your Hard and Honest Work**—"Regardless of the nature of our work, so long as we do it to the best of our ability, we can walk with our heads held high and take our places in the community with self-respect." ([September 8, 2023](#))
- **Silver Birch on the Importance of Building a Life Based on Spiritual Truth**—In 1957, [Michael Flagg](#), the founder of the USB on earth, was addressed by the highly spiritual guide Silver Birch who, through medium Maurice Barbanell, encouraged him to disseminate spiritual truths. Silver Birch's central message is that the "spiritual

truths upon which the whole of life are founded should be the basis by which man everywhere builds his life.” Explore further in an article titled “[Spirit Teachings Bear Divine Hallmark—Silver Birch](#)”, and article published in the English newspaper "Two Worlds", in February 1958. ([October 13, 2023](#))

- **A Promise Made Should Be a Promise Kept**—Keeping one’s promises is a mark of one’s spiritual integrity and stature. It is honorable to do so, except when it would harm innocents. ([November 10, 2023](#))

### *Holiday Message—We Are Never Alone*



As 2023 speeds to its close and a new year prepares to dawn, we are inspired to offer you our thoughts and prayers for the collective journey we share through space and time, as earthly siblings for the here and now, but most especially as spiritual brothers and sisters through the expanse of eternity.

We are grateful for each of you in our USB community, for the services you provide in your unique and special ways according to your interests and talents, as you encourage fellow travelers towards greater spiritual growth and understanding.

We wish you a beautiful holiday season, filled with peace, love and joy. May the coming year bring you and your loved ones much health, inspiration, and an abundance of opportunities for spiritual growth.

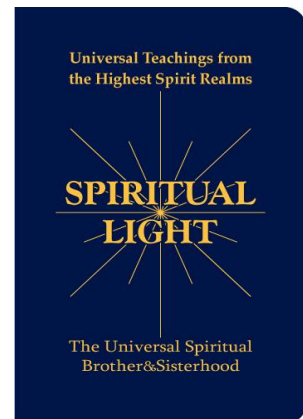
Through the turmoil of this earthly life, we inevitably experience periods of loneliness, alienation, or sadness. In cases like these, we hope you take comfort in what our Spirit friends, particularly those who have lived on earth in the recent past, have told us. They confirm that *we are never alone* because they celebrate the Holidays right along with us. With some practice, each of us can tune to our inner spirit channel and feel the loving presence of our families and friends on the other side.

Indeed, we are *never* alone. It is a truth that should make the heart sing, and the soul rejoice. It is a truth that should help us to shoulder our burdens and responsibilities with greater willingness, greater enthusiasm, greater courage—and greater happiness. For any burden or responsibility is less heavy when we *know* others walk beside us. (*SL*, 1222:2)

## *A Timeless Gift*

We can think of no better way to honor a beloved family member or friend than to gift them with a personal copy of *Spiritual Light*, the USB's principal book. This compilation of beautiful universal truths, full of wisdom and light, gifted to us from the Highest Spirit Realms, is an incomparable treasure that nurtures and uplifts the soul of dedicated readers, and points the way to the possibility of a more peaceful and harmonious way of life, for our time on this earth and beyond.

[Visit the USB online bookstore](#) to get much more information on *Spiritual Light*, including reviews by illustrious people, a description of different book formats, pricing, and shipping options.



\*\*\*\*\*

In light, love, and brother-and-sisterhood,  
*Your USB e-newsletter team*

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

The Universal Spiritual Brother&Sisterhood, an organization of spiritual truth open to all, is not linked in any way with any other group or organization on earth.

This is a free educational publication. It is not a commercial product.  
Unlicensed materials are included under applicable Fair Use provisions.

Copyright © 2023 *The Universal Spiritual Brother&Sisterhood*, all rights reserved.  
You are receiving this email because of your interest in the USB.

**Our e-mail address is: [staff@theusb.org](mailto:staff@theusb.org)**

To unsubscribe, send us an email with the words Newsletter Unsubscribe in the subject line.