

# THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org



eNL-29, November 2022

Dear sisters and brothers:

This nonreligious e-publication goes out with blessings of love and peace to those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. Please share this with those you know who are interested in the spiritual development of individuals and our world. For access to past issues or to [sign up to receive future editions](#) via email (all free), please [visit our online archive](#). We always welcome your impressions, questions, or topic suggestions via email at [staff@theusb.org](mailto:staff@theusb.org).

Most importantly, we remind readers that the USB Illumined Inspirers would always have us bear in mind to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

## ***In This Newsletter:***

[\*Are the USB Teachings for You?\*](#)

[\*Michael's Corner—Who Is Michael?\*](#)

[\*Spirit Communication and Rescue Circles\*](#)

[\*Your Most Important Knowledge\*](#)

[\*Reflecting on the Past;\*](#)

[\*Looking to the Future\*](#)

[\*\(Optional\) Support for the USB\*](#)

## ***Our Previous Newsletters:***

[Find our past issues here](#). These topics were covered in our prior issue, [eNL-28](#):

*USB Principles and Purposes*

*About Great Souls*

*What's in a Name?*

*Why the USB is Not a Cult*

*USB Teachings in Friday Afterlife Reports*

*An Illumined Spirit, High Mountain, in 1956*



## *Are the USB Teachings for You?*

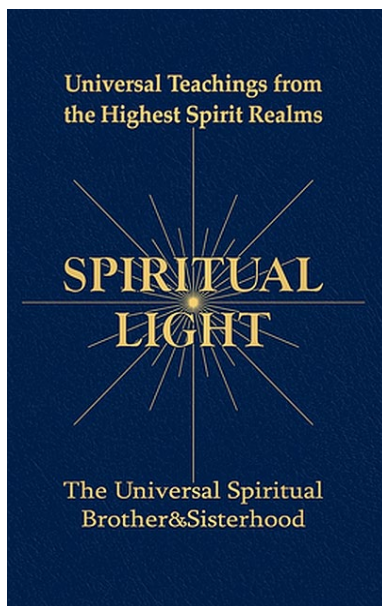
The USB offers its teachings to everyone.

But they are particularly intended for people who have accepted the truth of “survival and communication,” i.e., of the possibility of communicating with the deceased. There is so much evidence of this. Mediums and others, with all kinds of convincing evidence, are continually assuring people who have lost loved ones that they still live in another life. There is a large body of literature on this, including substantial research.

When people accept the truth of an afterlife, they are generally much more open to accepting philosophical, higher spirit teachings, such as those the USB offers. Exploring such avenues can lead us to revelations of truth and beauty almost beyond our imagination.

You may be religious and feel you know all you need to know about such things. But the USB offers universal spiritual teachings on *hundreds* of subjects, some of which may supplement your religious knowledge and could be very helpful to you.

The USB’s founder on earth, Michael Flagg, received wonderful evidence, first of the truth of survival, and subsequently of the truthfulness of the USB’s spiritually advanced teachers in spirit life. There are many audio recordings of Michael discussing their teachings with them, which we plan for you to be able to hear. Note that these teachers often reminded us to accept, including from them, only what our inner being tells us is true *and* our reason completely embraces.



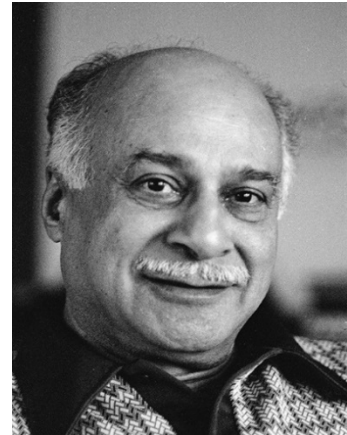
*Exploring the Teachings.* Perhaps the best way to learn more about these teachings is to study *Spiritual Light (SL)*, the USB’s principal book, with a group of people who are on the path of spiritual exploration. Discussing the teachings with others adds greater richness and depth of understanding to the learning.

*SL* is available in deluxe and paperback editions—see the [USB bookstore](#). If you’re unsure about purchasing, visit the [USB Teachings](#) and [About Spiritual Light](#) sections of our website where you’ll find samples, excerpts, and more to help you decide. **If the USB’s book prices seem unaffordable**, we invite you to write to us at [staff@theusb.org](mailto:staff@theusb.org) explaining the situation and offering to pay what you can.

## *Michael's Corner*

***Who Is Michael?*** While on earth, Michael (photo) himself raised this question during a sitting with the famous independent direct voice medium, Leslie Flint, in London, England. His discussion with his twin soul in spirit, Alcoon, was recorded on tape on October 18th, 1956. Michael said he had heard that his name is revered in spirit life, and that he had read something which made him wonder who he was, leading him to an idea. He asked Alcoon if this thought was correct and she confirmed that it was—it was not a product of his brain. She said that throughout the ages, great teachers and prophets, some referred to in our world as angels and archangels, have regularly chosen to live on earth for a time, to do great works.

A 2021 book about the great spirit guide Red Cloud, reveals more. Red Cloud for years spoke to large audiences around England through the famous medium Estelle Roberts (1889-1970). He also spoke almost daily with Michael during Michael's visits to London in 1956 and 1957.



Earlier, Red Cloud had given a series of advanced talks through Estelle, from 1933 to 1936, which have recently been compiled by Brandon Kim into the 2021 book, [\*The Medium Discourse: Red Cloud's Inner Teachings\*](#) (ISBN 9798454224332). On pages 365-366, 369 and 373, Red Cloud mentions that the earth world was then under the influence of the master Michael that we would call an angel, whose mission was to bring it enlightenment or "the key of knowledge" from the spirit world. He said "the leaves of the book of eternity are being turned" to help people evolve individually and to lift this earth to a higher state. This seems to closely agree with the USB's mission on earth.

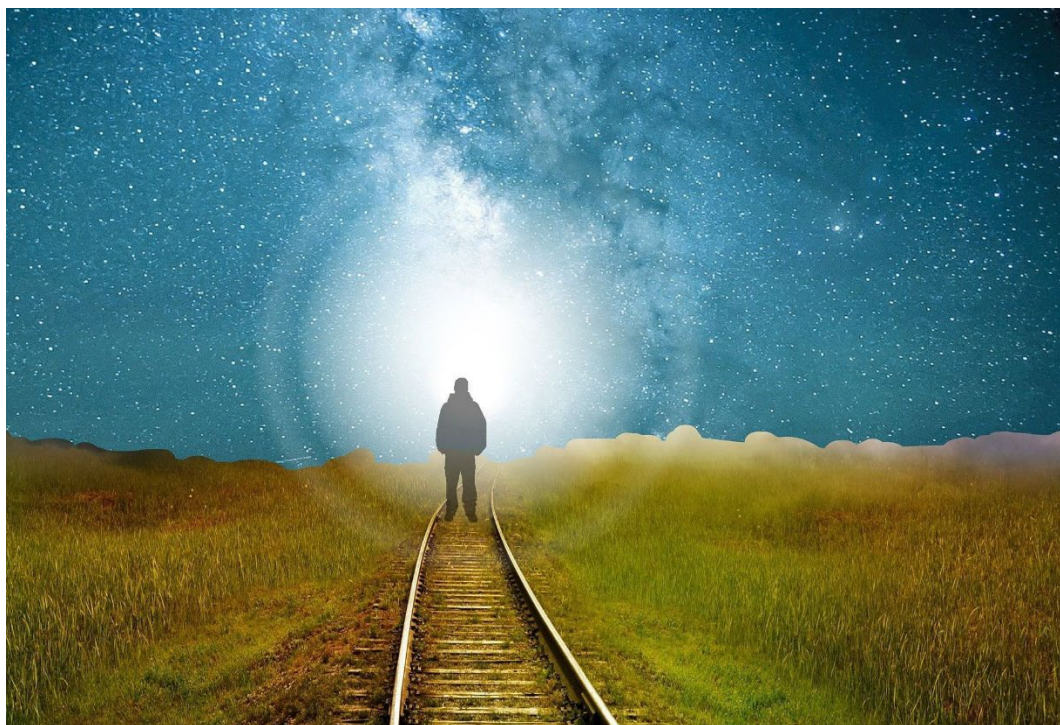
Notably, more than one sacred scripture mentions an archangel named Michael.

***Michael's Corner*** is dedicated to presenting various tidbits about Michael Flagg's life and his commitment to the USB, including his notable founding of the USB on earth in 1956 following steady encouragement from illumined spirit leaders, through to his last days on earth in 1992.

## *Spirit Communication and Rescue Circles*

For most people, developing mediumship for spirit communication can be rather challenging. It is best to learn and hopefully develop in a circle of members devoted to the service of others (including other circle members) and led by an experienced medium. When asked to give or share a message from spirit, beginners usually feel that they are merely recounting their own thoughts, or “making it up,” so to speak. But that is a good way to begin, because, if they are truly dedicated and open to the process, spirit friends may gradually influence their words more and more.

Rescue circles aid the process of spirit communication very desirably. A cooperating spirit team connects with circle members via the medium, and somehow brings a lost spirit person or persons into contact with the circle. The lost spirit(s) is/are gradually guided to be able to see and/or hear the rescue circle members and are able to communicate with them through the medium.



Most people on earth are unable to see or hear spirits; so are many lost spirits, because they don't believe in, or know about, the reality of spirit existence. The process of communicating with an often-reluctant or disbelieving lost soul or souls and encouraging them to move towards the light, which will lead them to their true spirit home, should be very interesting for most sitters, helpful in developing their mediumship, and providing a sense of fulfillment that comes when we have been of service to a soul in distress.

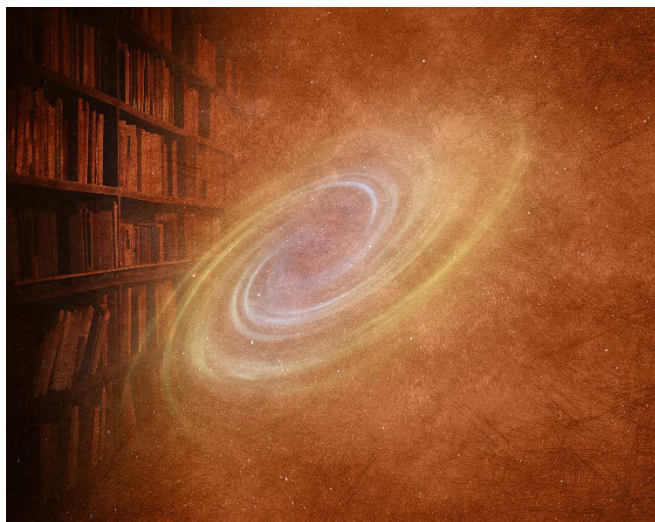
## *Your Most Important Knowledge*

### ***What is it?***

The most important knowledge that you can gain, for your present life on earth, is that physical life here serves as a school for the vaster life in earth's spirit realms, our true home. In this school we learn lessons and undergo tests that can only be experienced in an earthly life. From these experiences we develop our character and spirituality. When we have mastered these lessons, we will not need to return to this earth school.

### ***How do we know this?***

From the nonreligious spiritual teachings of Great Souls, when those teachings are in agreement. Those Souls include many of the greatest prophets and teachers who have walked this earth, and some of the best-known spirit guides, such as Silver Birch, Red Cloud, Imperator (and his spirit team who inspired Stainton Moses), and the Illumined Souls who inspire the Universal Spiritual Brother&Sisterhood (see [Spiritual Light](#)).



### ***Why is this the most important?***

We choose to live particular earthly lives in order to make spiritual progress specific to our individual needs and state of development. Knowing how this works could greatly help us take advantage of the opportunities that life on earth presents us to develop our character and spirituality, which is our foremost purpose here.

### ***More information***

Delve further into this topic and refresh or expand your understanding by referencing these past newsletter issues.

- [“Important Lessons to Learn Here on Earth” in eNL-10;](#)
- [“The Importance of Spiritual Truth” in eNL-15;](#) and
- [“What You Can Learn from Afterlife Studies about the True Purpose of Your Life” in eNL-16.](#)

## *Reflecting on the Past; Looking to the Future*



As another year comes to a close and a new one stretches ahead of us, it is natural to take stock of all that we have experienced, and to look ahead, wondering what the future will bring, hoping our most fervent desires may be realized. In this time of transition and constant change, we extend to all of you our heartfelt wishes of goodness, serenity, health, hope, joy and an ever-growing sense of our collective belonging in spirit life.

The following message from an Illumined Soul, addressed to the USB on earth in December 1965, seems ideal to share at this moment in time.

We have lived through another year. Many have been the experiences of each of us. *All* have been for good, whether or not we have been *conscious* of it.

As we approach the New Year, may we set in their *proper* niche our experiences of the past; and may they stand us in *good* stead during the experiences yet to come.

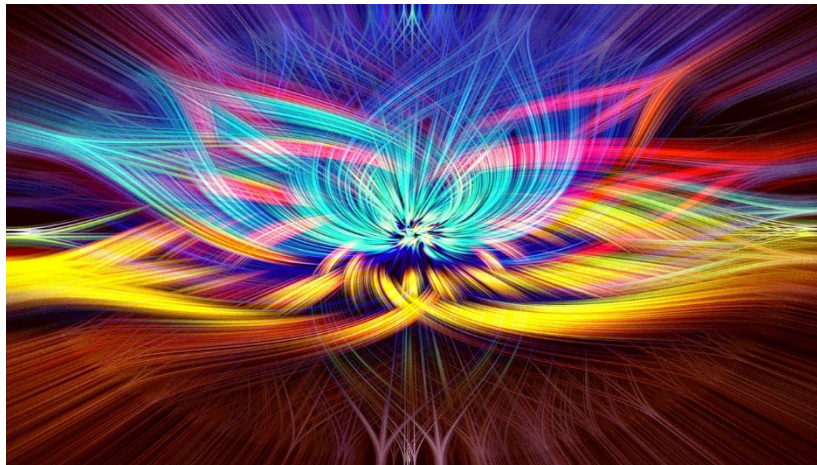
May we have learned much of *good* from what has been our lot. And may we look ahead to greater and more glorious adventures that shall be instrumental, *in time*, in bringing fulfillment of our desires.

May we have grown *spiritually* for having overcome what *could* be overcome, and for learning to accept graciously, gratefully, and courageously, those adversities that have become a part of our life's pattern.

May the next twelve months bring, within *each* of us, a greater *realization* that *we are sisters and brothers all!* (SL, A13:1-5)

## *(Optional) Support for the USB*

If you're already an avid Amazon online shopper and would like to provide financial support to the USB at no expense to you, the option exists to purchase the same products at the same prices as on Amazon.com, but using the [Amazon Smile](#) website as an alternative. Should you choose to designate The Universal Spiritual Brother&Sisterhood as your charitable beneficiary, Amazon Smile will make a 0.5% donation to the USB on your eligible purchases at no additional cost to you. [Learn more.](#)



In light, love, and brother-and-sisterhood,  
*Your USB e-newsletter team*

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

The Universal Spiritual Brother&Sisterhood, an organization of spiritual truth open to all, is not linked in any way with any other group or organization on earth.

This is a free educational publication. It is not a commercial product.  
Unlicensed materials are included under applicable Fair Use provisions.

Copyright © 2022 *The Universal Spiritual Brother&Sisterhood*, all rights reserved.  
You are receiving this email because of your interest in the USB.

**Our e-mail address is: [staff@theusb.org](mailto:staff@theusb.org)**  
To unsubscribe, send us an email with the words Newsletter Unsubscribe in the subject line.