

THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org



eNL-24, August 2021

Dear Brothers and Sisters:

This nonreligious, free e-publication goes out with blessings of love and peace to those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. Please share this with anyone you know who is interested in personal spiritual development. For free access to past issues or to [sign up to receive future editions](#) in your email inbox, please [visit our online archive](#). We welcome your impressions, feedback, questions, or topic suggestions via email at staff@theusb.org.

Of utmost importance, we remind our readers of that which the USB Illumined Inspirers would always have us bear in mind, and that is to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

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Our Previous Newsletter:

Missed our last issue (eNL-23, May 2021)? Find it [here](#)—scroll down for an archive of past issues. Topics included:

The Significance of Dreams

The USB's Uniqueness

Aspects of the Spirit World

A Personal Reflection on the USB

Truth: That Which is Eternal



Social Disruption

Unquestionably, we are living through times of great upheaval and unrest on earth. We all see the results of global warming: destruction by hurricanes and tornadoes, by wildfires and floods, etc. These catastrophic events seem destined to get worse and worse, more extreme and more frequent. For example, we must expect to see the destruction of many coastal communities by sea level rise. As Swedish climate activist Greta Thunberg said to world leaders in January 2020: [“You have not seen anything yet.”](#) But in spite of all this, we see the reluctance of many people, communities, groups and governments to really do much about it.

In the public health sphere, we see the reported waves of infections and deaths from Covid-19, long after many vaccines became available, due to controls over distribution and reluctance to being vaccinated. Other serious threats to humanity include nuclear catastrophe, the spread of misinformation, and disruptive technology—witness the [Doomsday Clock](#).

When will we realize that we all have to put the common good before our individual selves? When will we awake to the need to treat all people as our sisters and brothers, which in fact they are, by virtue of their creation?

When there’s not enough water to raise crops, and not enough energy to keep us cool and to operate in so many ways, and it’s dangerous to breathe, what will we do as things worsen? What will happen to society?

Under these challenges all our systems of living—economic, religious, political, educational systems, etc.—will be susceptible and vulnerable to major disruption. Then people will not know what to rely on.

There is one constant that we can *always* rely on: Eternal Truth, which was highlighted in our [May 2021 eNL-23 issue](#). For it never changes, it is eternal. But how can it help us?



Great Souls, including many of the greatest who have lived on earth, from their elevated spiritual realms have observed for ages the lives and progress of humans and have identified many eternal truths, the most important being God and God's laws.

To most, God is largely unknown, although to those Great Souls, very definitely existing. To us, the laws are largely apparent from science, but

those Souls have identified many more laws from their far longer observations. And as far as our existence and progress is concerned, the most important of those other laws are God's spiritual Laws That Govern us all. Laws like the Law of Personal Responsibility and the Law of Cause and Effect. Laws that most of us do not recognize or heed.

We know such things because on rare occasions those Great Souls have managed to communicate, directly and specifically, with selected people on earth. They did this with great difficulty due to the considerable difference in our vibratory levels, using psychic mediums of the highest spiritual nobility. The most recent example of such a communication link, beginning in the 1950s and continuing 30 years, was the one that resulted in the formation on earth of The Universal Spiritual Brother&Sisterhood (USB) and the publication of *Spiritual Light: Universal Teachings from the Highest Spirit Realms (SL)*. It is well documented online at our website, www.theusb.org.

Advanced spirit beings have long attempted to have people on earth recognize their higher intelligences and abilities with such phenomena as crop circles, UFOs, and other phenomena through psychics and mediums. But humanity has largely ignored or discredited them by labeling them "unscientific".

Our current troubles and levels of disruption derive from our past actions: through the Law of Cause and Effect, individuals, groups, and nations receive the consequences they have earned. Spirit helpers cannot interfere with those outcomes. But they try very hard to get us to change our ways. They strongly advise us to live in harmony with the spiritual Laws That Govern. And to work at developing our spirituality, which they define as one's [moral consciousness \(see eNL-18, February 2020\)](#) and the nobility of one's character, ideals, aspiration, and efforts. For they say humanity's spiritual development is severely lagging behind our developments in technology and other areas.

USB spirit representatives have told us they expect present global challenges to worsen and social disruption to increase, a future for which they are preparing. ***They want the USB to provide an anchor amid turmoil and uncertainty.*** They want to show humanity the way back to heavenly living on earth, via spirituality and brother-and-sisterhood.

A Short List to High Spirituality

There are many ways to develop and grow our spirituality, considered by Illumined Souls to be by far the most important of our noble qualities. In the short list presented below, we summarize the USB's foremost recommendations for pursuing the path to a higher spirituality, with associated references to *Spiritual Light (SL)* shown in parentheses:

- Develop a compulsion to always do right, not wrong, as best we understand (608:4).
- Strive for nobility of character, ideals, aspiration, motives, and efforts (608:3).

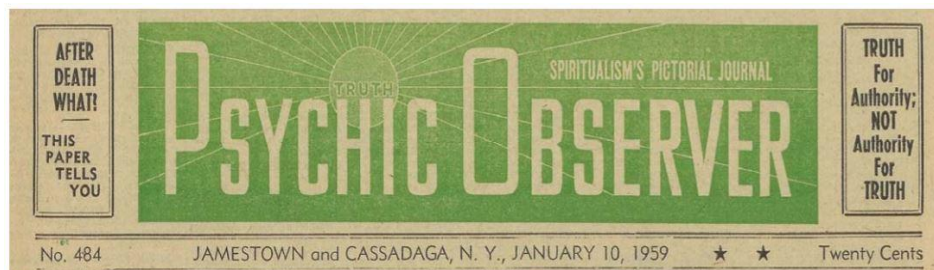
- Gain a working knowledge of the important spiritual Laws That Govern (1425:1).
- Live simply; show consideration; give selflessly; think constructively (608:9,12,24, 1401:8).
- Accept challenges as opportunities to grow (608:13,25).
- Correct what we can and accept the rest graciously (1408:11).
- Strive for mental attunement with Great Souls (608:23).



The Friday Afterlife Report Presents USB Teachings

In addition to our quarterly e-newsletters like this one, we are honored to occasionally present topics on the teachings and philosophy of the USB in Victor and Wendy Zammit’s well-known [Friday Afterlife Report](#). We draw your attention to the following fascinating articles which have been featured over the past several months:

- [May 28th, 2021](#): **Everything Has an Aura**—link to full [PDF article](#).
- [June 18th, 2021](#): **Understanding the Aura (II): The Aura and the Akashic Records**—link to full [PDF article](#).
- [July 9th, 2021](#): **Inspiration from Great Souls: A Glimpse into the Spiritual Teachings from the USB**—link to PDF copy of the [“Teaching of Brotherhood”](#) article by Michael Flagg, originally published in the Psychic Observer, January 1959.



A Personal Reflection on the USB

It is our great pleasure to share another heartfelt testimonial from a dear sister:

“When I joined the USB group a few years ago, I did it because I lost my one and only brother, and it was quite difficult for me to deal with it. I was not prepared for it particularly because of my background. I came from the USSR, an atheist country, and my understanding was you live to the fullest here on earth and when you die, that’s it. There is no heaven to go to, there is no continuation of life beyond death. So, when it was time for me to deal with the departure of my brother from this earth, I needed help. John and Gulshan (Finnemore) sensed it and invited me to join their [Spiritual Light](#) book study group. That made a huge difference for me. The impact of the USB membership and the revelations of the spiritual life continue.” ~ Anya

The Golden Rule—A Selfless Perspective

The Golden Rule is the principle of treating others as one wants to be treated. It is often expressed in this form: “Do unto others as you would have them do unto you.” However, the USB teachings indicate a preference for a slightly different version of this principle, stated as “Do not do unto others what you would not have them do unto you.”

The USB’s stated reason for this preference is:

... because it is comparatively selfless: It does not in any way suggest doing something with the hope or expectation of receiving or gaining anything. (*SL*, 901:6)

They further explain:

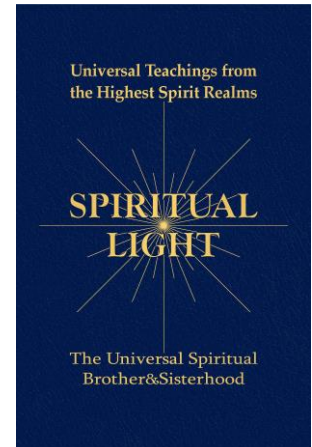
For the USB does not recommend doing *to* or *unto* others, but doing *for* others, and doing so not from any idea of return, but for the sheer joy of serving. As always, of course, we stress that the doing should be *wise*: Then it will not deprive others of the opportunity to grow in stature spiritually by learning any needed lessons that can be learned on earth only, or by doing what they can for themselves. As we have pointed out more than once, the best way we can help others is *to help them to help themselves*, if possible—an accomplishment that should make all concerned happy. (*SL*, 901:8)



USB Website Updates

We have recently added the following information to our [website](#):

- **Statement on Affordability of *Spiritual Light***: Persons who cannot afford the USB's normal book prices as listed at <https://www.theusb.org/bookstore/>, are invited to write to us explaining their situation and offering to pay what they can.
- **Additional excerpts from *Spiritual Light* at** <https://www.theusb.org/bookstore/spiritual-light/chapters-etc/> **including:**
 - A condensed version of Chapter 4, [The Laws that Govern](#)
 - Appendix D, [Operation of the USB](#)
 - Appendix F, [Glossary](#)
 - [Index](#)



Towards a higher spirituality in peace, love, and brother-and-sisterhood,
JF, PF, FG, PS

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

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