

THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

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Dear Brothers and Sisters:

This e-publication goes out with blessings of love and peace to those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. If you know of anyone who might like to receive our nonreligious, free newsletters, please share this with them. [Visit our online archive](#) for free access to past issues or to [sign up to receive future editions](#) in your email inbox. Please send your impressions, feedback, questions, or suggestions for future topics to staff@theusb.org.

Above all else, we remind our readers of that which our Illumined Inspirers would always have us bear in mind, and that is to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

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Our Previous Newsletter:

Did you miss our last issue (eNL-22, February 2021)? Find it [here](#)—scroll down for an archive of past issues.

Topics included:

Optimism Over Despair

Sharing the USB's Wisdom Globally

Netflix Docuseries: Surviving Death

Ways of Progression with the USB

A Message of Cheer



The Significance of Dreams

A dear brother, USB friend, and long-time student of dreams, shares with us what dreams have come to mean to him over the course of his life. He says:

“Even as a young child, I felt dreams and night visions were important. However, everyone I can remember talking to until I turned 20, said they were fantasy. And almost all people I met until I reached 40, held similar views. Then I started discovering that dreams were meaningful and important for so many spiritual, creative, and successful people including Albert Einstein, Nikola Tesla, Saint John, Enoch, the great grandfather of Noah, Saint Joseph of Egypt, Saint Daniel of Babylon, Paul McCartney of the Beatles, Keith Richards, songwriter for the Rolling Stones, Abraham Lincoln, and Salvador Dali. Encyclopedic volumes could be filled with descriptions of dreams that have been used to shape human history.

“I have found that listening to, and analyzing our dreams, can help us solve problems, stay out of difficult situations, improve our abilities, and achieve success in our life’s work. And discovering the many people who have effectively used dreams in the past, I’ve realized that I’m not alone.”



Spiritual Light (SL) clarifies an important aspect of dreams, explaining that they are not always easy to remember:

... the vast majority of our dreams are either not recollected at all when we awake, or are distorted during the process of *the real self* ... re-entering the physical body [923:3]. We can liken an *actual* dream to reflections in perfectly still and clear water, and the *distortion* of that dream to reflections in water that is muddy and agitated. (*SL*, 925:7)

From personal experience, our brother suggests some ways to increase the chances of retaining one’s dreams, as follows:

“It’s good to make an affirmation before going to bed, virtualizing and visualizing that you’re going to have dreams and that you’re going to remember them. Then, have a tablet and a pencil, or a recorder by your bed to capture the information as you awake, before it vanishes from your memory. Once you capture the dream, you’re on your way.

Understanding dreams is not easy, so recording them makes the interpretation process that much easier.

“The most successful dream interpreters feel that the dreamer is the best interpreter of their own dreams. It’s simply not realistic to buy a dream symbol book with the expectation that it will reveal the meaning of all one’s dreams.”

There’s a very good reason for this, as the USB’s Spirit Inspirers tell us:

Many books on dreams give a specific meaning to each of hundreds of objects, symbols, conditions, and experiences that might be noted in a dream. What their authors seldom realize is that objects, symbols, conditions, and experiences *cannot* mean the same thing to everyone, because personal interpretations will differ, depending on one’s background, experiences, and past associations and memories of such things.

To some individuals, for instance, a serpent represents wiliness and treachery; to others, wisdom. To some peoples, white attire represents mourning; to others, rejoicing. Scores of other examples could be cited. (*SL*, 925:5-6)

As a parting suggestion, our friend recommends delving into what he considers to be one of the best dream analysis sources, namely the works of the Swiss psychiatrist and psychoanalyst, Carl Jung. His opinion is that anyone willing to invest the necessary time into this pursuit, will realize a phenomenal payback.

The USB’s Uniqueness

There are so many spiritual books being published these days. So how is the USB’s book, [*Spiritual Light \(SL\)*](#), different?

We can think of two main reasons which make *SL* truly unique. First, it comes from a group of Great Souls (ascended masters) in the *highest* spiritual realms who are all in full agreement in their teachings. While there have been a few other historical occurrences when teachings have been given by *groups* of spirit teachers, the spirit leaders of the USB have let it be known that they include “some of the greatest souls who have lived on earth,” “many of the great prophets and teachers who once trod your earth”, and “Illumined Souls of the highest [spiritual] attainment” (*SL* 102:3-4, B10:11).

This clearly suggests (but does not identify) teachers like Zoroaster, Krishna, Moses, Buddha, Lao-tse, Jesus, and Muhammad. Teachings agreed by a group, all striving for the highest and noblest ideals, are clearly more reliable than those of an individual. The USB’s Spirit Inspirers also reported that they lead two great spirit organizations, one focused on service, and the other dedicated to spiritual education.

But how can one believe what they tell us and who they claim to be? The best evidence for this is in what they have caused and approved to be written and how they delivered it. People of spiritual sensitivity are often able to recognize in *SL* the beauty, sincerity, and truthfulness of the words and values of these elevated spirit teachers. They do not require us to give up or accept anything. They offer us their wisdom while advising us to accept only that which our inner being resonates with *and* our reason completely embraces.



But even more unique is the second reason. That reason is that the teachings were given *directly*, with Great Souls speaking naturally to Michael Flagg, their chosen representative on earth, through direct voice mediums, including [Leslie Flint](#)—we have tape recordings of their discussions. In other words, they avoided the need for relays, and so reduced the risk of changes and errors being introduced.

This direct communication from such a high level was no small achievement; in fact, it was a very rare event. Because of the great difference between the vibrations of their realms and ours, and because of so much unpleasantness in our environment, it was extremely difficult for them to descend to our vibrational level and speak through mediums, even mediums of the highest spirituality on earth. Some very advanced spirit guides, like Silver Birch and Red Cloud, have told us it took them many years of practice to be able to descend to our level. Yet those USB communicators maintained regular meetings with Michael for 30 years! With no personal motivation, that was indeed a great demonstration of love.

In essence, then, the uniqueness of the USB lies in the incredible spiritual advancement of the united group of spirit teachers leading it, and the very unusual nature of the communication they managed to establish and continue with a colleague on earth over a span of decades.

Aspects of the Spirit World

We gather that most people do not know, or think much, about the spirit world. But, in fact, it is far more interesting and wonderful than the world in which we presently live. Many books have been written about it; we particularly like those written by Anthony Borgia, like [*Life in the World Unseen*](#).

Spirit people are much like us, though without bodily imperfections. Their numbers are vastly greater than our population on earth. They live in various realms, at different rates of vibration, depending on the spiritual progress they have made. They can visit and see us, because we are spirit people temporarily inhabiting physical bodies. Once they progress above the lowest realms, they mostly spend time learning and giving service.



Some spirit people have made little progress in developing their characters and spirituality, but some have made extremely great progress. From this latter group, which includes those who no longer need to learn lessons from living on earth, some do incarnate occasionally to be teachers here. And there have been special occasions when they were able to share with us their teachings via unusual mediums. Our book, *Spiritual Light*, is an example of teachings shared in this way.

Understandably, many seekers wish to contact recently-deceased loved ones who have transitioned to the spirit world. But growing in understanding of the wisdom and spirituality of Great Souls is the *most important reason* for people on earth to be interested in the spirit world. By learning from them we can greatly change ourselves as individuals, and help to spread peace, harmony and tranquility of spirit to our fellow humans on earth. This is desperately needed, now more than ever, and it is up to us.

A Personal Reflection on the USB

Nothing enlivens our hearts and spirits more than hearing from a member of the world-wide USB community about what this spiritual organization of Light and Truth means to them, and how it has touched their life. We now share a testimonial we recently received:

“When *Spiritual Light* was published, John Finnemore put out [a series of videos](#) to reintroduce the USB to the public. I was going through (Victor and Wendy Zammit’s)

[Friday Afterlife Reports](#) when I ran across those videos. It filled me with great excitement to hear there actually existed an organization with members on both sides of the veil, and whose spirit members were highly advanced souls who were offering us their guidance and wisdom. They weren't giving us rules, requiring obedience or doing anything but wanting us to think and to take responsibility for our own lives. That resonated within me so deeply! I couldn't wait to get involved.” ~ *Lorie*

Truth: That Which is Eternal

This poem by Michael Flagg, founder of the USB on earth, reminds us of the essential nature of Truth:

Truth slowly walks; the lie and half-truth fly.
But truth, in time, will pass the others by;
For truth is deathless, while the others die.
(*SL*, 301:1)



In peace, love, and brother-and-sisterhood,
JF, PF, FG, PS

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

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