

Chapter 4

CONDENSED VERSION

The Spiritual Laws That Govern

Illumined Souls have identified innumerable laws of nature, or laws of God, that they call *The Laws That Govern*. Together, these Laws (capital L) that are not made by people are known as THE LAW. They include all physical and spiritual laws, many that we are not aware of. They are Truth, being eternal and operating everywhere on all levels of existence. And they are simple, as is all truth and beauty.

Laws made by people often vary with location and time, they may change, and they may be good or bad. The Laws That Govern are unchangeable, eternal, and *they are always good*. Observance of a law made by people brings light or darkness, depending on the law, whereas observance of The Laws That Govern brings only light.

A Blessed Soul has observed: “Where is there perfection in nature, except in the Laws that govern nature?”

The Laws That Govern cover every facet of existence in the entire universe. They enable all that *is* to *exist*, and they enable humanity and all else to express. They are *perfect in every way*. Unlike man-made laws, *they are always good* and observing them brings only light. The extent to which we live by the spiritual Laws That Govern determines our rate of progression. But they are no respecters of persons and know no exception.

While THE LAW governs the entire universe, each person's understanding of it will vary, according to their level of consciousness. We should not expect others to interpret the Laws precisely as we ourselves do, but we can plant a seed here and there.

We should strive to *live* according to our highest perception of THE LAW. The more we evolve, the greater will be each person's perception.

When, in following chapters, we speak of *living by* The Laws That Govern or THE LAW, however, we refer specifically to the *spiritual* Laws that apply to all people on both sides of life, and that govern or determine our rate of progression according to the degree we observe them.

The most important of those spiritual Laws address Responsibility, Service, Justice, Love, Attraction, and Life.

The Law of Personal Responsibility is the most important spiritual Law that affects the individual. By that Law, individuals who *normally* can distinguish between right and wrong are accountable for their

thoughts, words, acts, and actions: no belief in anyone or anything, or allegiance to anyone or anything, or the voluntary taking of anything that we know or suspect may adversely affect our faculties or behavior, can absolve us from that responsibility.

It is a responsibility we can never escape, no matter what is our expression of existence, and no matter whose advice or teachings we follow.

The Law of Service addresses our responsibility to serve. It states that “the greater our blessings, the greater our gifts, the greater our awareness, the greater our opportunities, the greater is our responsibility to serve.”

The avenues of service are limitless. Illumined Souls emphasize that individuals should be encouraged to serve in their own ways, in their own fashions, and to the extents they desire.

There is no one that cannot serve in some fashion or other. We can serve by bringing cheer to others in humble ways—a sympathetic look, a sunny smile, a friendly greeting, or a firm handclasp.

We can serve by spreading truth and enlightenment—by bringing light where there is darkness, beauty where there is unsightliness, knowledge where there is ignorance, courage where there is fear, and joy where there is gloom.

We can fulfil the Law by pursuing the paths closest at hand, selflessly, with no thought of gain, and with joy in the serving.

Love and Service are inseparably linked. How can we love God without loving and serving God’s children?

The Law of Reciprocation says that for kindness shown us when in need, we should, when the opportunity comes, gladly show the same kindness to another—to *any* one of God’s children, not necessarily the one who helped us.

For this Law is not always the reciprocating or exchanging of things between *two* people or groups, as one might assume from its name. It is, at times, giving *someone else* what we have received from another. For it is not always possible to repay the very one who has helped us.

The Law of Justice has two components. The first is **The Law of Cause and Effect**, which says that as we sow, we reap. Each thing we say or think or do brings us its inevitable result. The result may be immediate, or it may be *deferred*, even until after we pass on to spirit life. But the effect definitely appears, sooner or later.

Like all other spiritual laws, this law is no respecter of persons and knows no exception.

The second component is **The Law of Compensation**. This Law makes up for what people suffer through no fault of their own.

Because of these two Laws, which together comprise The Law of Justice, there is *not*, and *cannot* be, *any* injustice *in the long run*.

The Law of Brotherly and Sisterly Love says that we cannot extend our hearts in love to fellow human beings without others eventually extending *their* hearts in love to us, and, in turn, sooner or later finding other hearts extended to *them*.

Like the links in a chain, this Law is the Law that will unite humanity as more and more people observe it, as more and more not only forge links to existing chains of love, but also serve as initial links in newer chains. For regardless of which planet or expression of existence we live in, *we are all sisters and brothers, all children of the one God*.

The Law of Brotherly and Sisterly Love is the Law that brings Illumined Souls to us in love and compassion and the burning desire to share *their* enlightenment, *their* peace and harmony, and brother-and-sisterhood.

Note how this Law is related to The Law of Cause and Effect and to The Law of Reciprocation.

The Law of Attraction says that like attracts like. So the greater our spirituality as we progress, and the nobler our character, ideals, aspiration, and efforts, the higher is the caliber of those spirit people who come to us for one reason or another, often as guides and teachers.

The Law of Attraction is a far more encompassing law than The Law of Affinity, which is so often misunderstood.

The Law of Affinity notes that *each of us has only one affinity, namely our twin soul* (whom few of us meet on earth).

So this is a closer, more delicate, more soul-satisfying Law than The Law of Attraction, of which it is part. (We do not use the words *affinity* and *attraction* interchangeably, as most dictionaries do.)

People often say they have, or feel, an affinity with someone, when it is actually just an attraction to someone—a vastly different thing, as we define the terms here. The Law of Affinity is definite: *one* has an affinity to *one*—and *only* one.

The Law of Life is the Law that enables the universe to be. And the magnificent power *behind* that Law is God, or whatever we call the Supreme Being.

It is a Law that may always remain a mystery to us. But we can know *some* of its blessings—just as we can know that the sun provides warmth without knowing exactly what the sun is or how it was formed.

It is the Law that makes possible *all* manifestations of life, in *all* its aspects. It enables the individual to exist. It provides each of us with a spark of divinity. And it gives us the priceless boon of free will.

It is the Law that provides intelligence to each and every cell of every living thing and every being. It enables each cell to produce and reproduce intelligently, according to a habit pattern.

It is the Law that gives us freedom of expression, and freedom to *change* our thoughts and live accordingly. It makes what is called spirit return possible—the ability to feel the *touch* of a loved one, or hear the *voice* of a loved one, or even *see* a loved one who has moved on to spirit life. And it enables Illumined Souls to bring light to individuals and groups that strive to attune themselves to the higher spirit realms.

The Law of Life includes The Law of Motion, The Law of Vibration, The Law of Change, The Law of Variety, and The Law of Multiplication.

The Law of Motion tells us that *everything* is either *in* motion, or has motion *within* it, or both.

Nothing is motionless, no matter how still it appears to our eye or to instruments for detecting and measuring movement. Even the smallest grain of sand, and the tiniest speck of dust, are in ceaseless motion; for like all things visible to our physical eyes, they are composed of a great many atoms, each atom including protons and neutrons, and electrons moving around them.

Further, there is a specific *rate of motion*, and a specific *type of motion*—oscillating, revolving, or rotating, for instance—for the atoms of any particular element.

The Law of Vibration is more comprehensive and includes The Law of Motion. It gives every single thing and every creature an individual “pulse” or “beat” or “rate” that reflects its nature and quality.

The *rate of vibration* is especially important, for it determines the *expression* of an object, and the *appearance* of that object to our physical senses. In other words, it is the rate of vibration that makes a tree a *tree*, and visible to us *as* a tree; a rose, a rose; a dog, a dog; a cloud, a cloud; and so on.

Thus all living things have their *own* rates of vibration, and each species has its *own* range of rates of vibration, within which range it remains.

Trees, for instance, have their own specific range or band of vibrations. And it is the specific *rate* of vibration within that specific *range* of vibrations that determines whether a tree is an oak or an elm or a beech or any other variety of tree. The animal kingdom has *another* range of rates

of vibration. And it is the specific *rate* of vibration within that specific *range* of vibrations that determines whether an animal is a lion or an elephant or a mouse or any other creature. So too with all other species.

All expression and appearance (manifestation) are governed by The Law of Vibration, which is one of the most important Laws that people can understand.

Further, complex objects or bodies have components, such as organs, cells, and atoms. Because each of these components has its own rate of vibration it follows that there are differing vibrations *within* vibrations—less rapid rates within more rapid rates, and more rapid rates within less rapid ones.

Incidentally, to ponder over this truth—or any *other* truth for that matter—is to help us realize one thing: *All that exists* is the handiwork of a Power that we cannot more than dimly fathom, except through some of Its manifestations.

The Law of Change states that except for what is perfect as well as eternal—THE LAW, Truth, and the Creator of THE LAW and Truth—everything changes in one way or another, sooner or later, for better or for worse.

We witness change all about us, in day and night, in the seasons of the year, in the plant and animal kingdoms, and, if we are perceptive, not only in others but in and within ourselves. Certainly, we are not the same physically as we were ten years ago; and it would be tragic if we *were* the same, mentally and spiritually, and not farther along the path. Those *varying* aspects and expressions of any one person or creature or thing are only possible *because* of The Law of Change.

Change is natural and is essential for all expressions of life. We emphasize the ever-vital need for change in our life, provided that the change is for the better.

The Law of Variety allows all things and all species to express in different ways, with *unity of expression* but *variety of manifestation*.

We have only to look about us to realize that it is a good Law—as of course *all* God's Laws are—for there is beauty and enchantment in variety not only of *species*, but *within* a species.

There is an immense variety of flower species and an innumerable variety of forms of each of those species. Each species of flower shows unity of expression and variety of appearance. Together, they present a riot of color and a pageant of beauty to delight the heart and lift up the soul.

There are many varieties of elms, for example, but they all belong to

the same family. The same with cats. And so too do we find the same law of variety in the *human* species: all shapes and sizes; people of various colors—*all are humans*.

The time will come when people everywhere will live as they all should—in dignity, walking erect, aware that they are *sisters and brothers all, children of a living and loving God*. Then there will be not only unity of expression and variety of appearance among God's children, but a harmony and oneness of purpose that will mean many great things and much joy for humankind.

The Law of Multiplication is what allows rare, gifted individuals to multiply a small quantity of something, like rice or oatmeal or oil or bread into large quantities.

We have been asked whether there actually are such individuals who, from just a handful of food, can in a few minutes produce enough of it to meet the moment's needs of scores or even hundreds of people.

There *are* such individuals, but there cannot be many of them. In 1981 we knew of only one person on earth who possessed that power or "gift"—an exceedingly rare form of mediumship demonstrating what is called *The Law of Multiplication*.

Various scriptures relate examples of this Law in operation. But an increase is possible only when there is *something* to multiply.

We cannot create *anything*, not even a blade of grass, however much we may be privileged to multiply what The Source of All Good has created, or however much we may be able to mold or rearrange it. It is enough to make us very humble and very grateful—if *we think!*