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## Glossary

*containing only USB definitions*

- Apport:** Any material thing that spirit people transport from one place to another (1129:1).
- Astrology:** The study that assumes and professes to interpret the influence of heavenly bodies upon people (1008:3).
- Astronomy:** The science of the material universe beyond the earth's atmosphere (313:5).
- Aura:** The magnetic field of energy that emanates from and envelops people, creatures, and all things. [Also known as the *odic field* and *electromagnetic field*.] (1311:1–2).
- Bilocation:** A [supposed and impossible] state of being, or ability to be, in two places at the same time (1313:1).
- Bioplasm:** The plasm used when a spirit person is both seen and heard (1121:8).
- Blessed Soul:** A very enlightened spirit individual, spiritually progressed and much revered, who may or may not be an Illumined Soul (*see below*). Blessed Souls referred to in this book are also leaders, inspirers, or supporters of the USB (102:n7).
- Channel:** *See* Medium.
- Character:** The sum total of traits that form one's individual nature (607:1).
- Circle:** *See* Home circle, Rescue circle.
- Communication** (with a capital C): Communication with spirit people (315:1).
- Conscience:** An inner knowledge or feeling of right and wrong, with a compulsion to do right (609:1).
- Conscience with intuition:** *See* Intuition with conscience.
- Consciousness** (of an individual): The sum total of what one is, what one has become (601:6).

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**Control, spirit:** A spirit guide who is in temporary control of a medium during trance (1232:1, 1126:5).

**Cosmic pool, the:** The thoughts of everyone, everywhere, on both sides of life. [Also known as the *cosmic sea* and *cosmic consciousness*.] (613:2).

**Democracy:** Government in which the supreme power is vested in the people and exercised by them or by those they elect under a free electoral system (861:1).

**Direct voice:** The term used when spirit communicators speak through either the vocal cords of the medium, or a “voice box” constructed in the atmosphere by skilled spirit chemists and scientists (1218:1).

**Distant healing:** The conscious directing of the flow of vital healing force to those at a distance. [Also known as *absent healing*.] (1102:5–6).

**Divine:** Only That which *always* manifests in order (1002:6).

**Doorkeeper:** A medium’s spirit “protector” who screens spirits who would control the channel, who ensures that the medium is completely protected from all undesirable influences, and who engages in “dual control” (see below) when necessary (1242:24–26).

**Dual control:** A technique used by experienced spirit communicators to assist another spirit who wishes to speak through a channel but falters in the attempt (1242:24).

**Duoplasm:** The plasm used when a spirit person [or creature] is seen but not heard (1121:7).

**Ectoplasm:** An easily visible form of protoplasm; the outer layer of the protoplasmic cell (1121:3).

**Ectoplasmic rods:** Rigid rods, often with finger-like endings, formed from ectoplasm by skilled spirit chemists, to facilitate spirit phenomena (1122:2).

**Enlightened Soul:** The same as Illumined Soul (*see below*).

**Enlightenment:** Freedom from ignorance, prejudice, or superstition. It embraces both fact and truth (1417:1).

**Exorcism:** The use of ritual commands or religious or solemn ceremonies to expel an unwelcome and undesirable spirit person who is possessing the body of someone in the physical (1133:4).

**Extra sensory perception (ESP):** Perception or communication *outside of normal sensory activity* (1240:1).

**Fact:** A fact is often a reality for the moment only (compared with truth) (301:4).

- Faith:** Confidence and trust based on experience (not automatic or unthinking acceptance) (208:7).
- Glossolalia (speaking in tongues):** Incomprehensible speech or jumbled syllables uttered by an individual or group of individuals in certain forms of worship, often during frenzy or “ecstasy” bordering on hysteria (1134:1–3).
- God:** That Which Is All-Good, The Supreme Power, The First Cause, The One Great Source, The Great Spirit, The Indescribable, All That Always Manifests in Order, That Which Creates and Expresses in and Controls the Universe (413:1, 501).
- Group soul:** A group of individuals united in a common purpose (1304:1).
- Guide, spirit guide:** Spirit people who touch our lives for varying lengths of time for various purposes (1221:1).
- Home circle:** A meeting in a home, in which a group of harmonious people sit in a circle for a common spiritual purpose, such as healing, distant healing, prayer, communion with spirit friends and loved ones, physical spirit phenomena, the development of mediumship, or “spirit rescue” (1242:1, 1110, 1322:3; *see* Rescue Circle).
- Hypnosis:** An artificially-induced state resembling sleep, characterized by heightened susceptibility to suggestion (1013:2).
- Illumined Souls:** Spirit people who live in, or are qualified to live in, the Kingdoms (1301:2). Illumined Souls specifically referred to in this book include the spirit founders, the spirit leaders, and some of the spirit inspirers and supporters of the USB, who are of the *highest* [spiritual] attainment (Intro:3, 1225, A02:3). Some of them have been revered here by hundreds of millions of people over the centuries [and some whose lives on earth are remembered are still so revered today] (Pref:5). (1225:n9 gives other terms used for them.)
- Independent direct voice:** The specific term used when spirit communicators speak through a “voice box” constructed in the atmosphere [near a medium] by skilled spirit chemists and scientists (1218:2).
- Individuality:** *The real self*, one’s entire consciousness, one’s triune of soul, spirit, and mind (mentality) (605:2).
- Instinct:** Either the tendency to behave in a way characteristic of a species, or a natural or acquired tendency, aptitude, or talent (609:6).
- Instrument:** *See* Medium (1216:18, 1220:7,14).
- Integrity:** Uprightness, honesty, and soundness of character that nothing can impair (711:1).

## Glossary

- Intellect:** A person's capability to understand (601:7).
- Intelligence:** The degree of intellect in an individual (601:8).
- Intuition:** A receptive quality: the immediate knowing or learning of something without the conscious use of reasoning (609:3).
- Intuition with conscience:** The immediate (and usually unconscious) moral appraisal of a situation, sometimes accompanied by the knowledge of what to do and *doing* it (609:5).
- Laying on of hands:** A method of healing in which a healer (on either side of life) places his or her hands on [or near] a patient, to try to *help* bring about a cure (1106:2, 1107:7).
- Love** (in its noblest sense): Charity in thought, word, and deed; understanding, tenderness, and compassion; service to others without thought of reward; at times, sacrifice (510:4).
- Magnetic healing:** Healing accomplished by a magnetic curative essence that is manufactured within the physical [earthly] body of a gifted person and which, when the healer enters the auric emanation of a patient, exudes from the healer's body and gravitates to the part of the patient's body needing rehabilitation (1102:3).
- Magnetize:** To impregnate a physical object or person with an essence or essences to make it/him/her more conducive to phenomena (1109:3).
- Mantra:** A word, words, a sound, sounds, or formulas recited or sung (1139:3, 1140:11).
- Materialization:** In which spirit people, with the help of spirit specialists, mold ectoplasm (usually onto their spirit bodies) into a recognizable likeness of themselves, to make themselves visible to people on earth (1123:2–4).
- Meditation:** This may be: reflection; contemplation; extended thought; a reaching outward; a reaching inward; a receptivity that draws one closer to an attunement with what many call the still, small voice; a state of desiring nothing but to be used in some way for good; greater rapport with, and occasional manifestation by, loved ones and others in spirit life with whom we are linked (1140:4–6).
- Medium:** A person who is not only a psychic (see below) but, much more importantly, an instrument or channel used by spirit people to communicate with people on earth and to help in making some other psychic phenomena possible (1205:3).
- Mental healing:** The conscious directing of the flow of vital healing force either to one's own body or to those at a distance (1102:5).
- Mentality:** A mind, the portion of Universal Mind that an individual possesses (601:5).

- Microplasm:** The plasm used either to transport the spirit body of a medium away from the scene, or to block out any interference (conscious or unconscious) from the medium's own mind, so that a full and free flow of communication is possible (1121:9).
- Mind** (not *a* mind): The same as Universal Mind (*see below*) (601:4).
- Moxibustion:** Health treatment by means of flammable substances placed on the skin at acupuncture points and burned to produce stimulation by heat (1104:5).
- Obsession:** When low or degrading spirit people are in control of someone's physical [earthly] body (1133:6).
- Parapsychology:** The branch of psychology that deals with the investigation of psychic phenomena (B07:2).
- Personality:** What one appears to be to others (605:3).
- Possession:** When people, usually mediums, invite or allow a spirit person to temporarily occupy their physical [earthly] bodies and use their vocal cords (1133:6).
- Prayer:** Intense or concentrated thought expressed silently or aloud (521:3).
- Prophecy:** The especial ability to see into the future (on earth, a form of mediumship) (1001:1).
- Protoplasm:** The living matter of all vegetable, animal, and human cells and tissues; the basic substance of all plasms that spirit chemists combine with certain spirit chemicals to help make possible various types of spirit manifestations (1121:1).
- Psychic, a:** A person on earth who is sensitive to forces or influences of a seemingly supernatural nature (1205:2).
- Psychic centers (chakras):** Seven especially sensitive regions in the physical [earthly] body that serve, among other things, as receiving centers and storehouses of vital life force (1138:1–3).
- Psychokinesis (PK):** The *apparent* ability to influence matter or events by mind alone (B09:9).
- Psychometry:** The process by which a medium, viewing or holding or touching an object, is able to obtain and relate information about it, or about some of those who are or have been associated with it (1012:2).
- Real self:** A person's individuality or entire consciousness, the eternal triune of soul, spirit, and mind (mentality) that each person is (602:2, 605:2, 1320:3).
- Reason:** The mental powers concerned with forming conclusions, judgments, or inferences (208:1).
- Regression:** The act of going back to a previous place or state (1013:3).

## Glossary

**Rescue circle:** A meeting led by an experienced medium and assisted by spirit colleagues, in which sitters converse with “lost” spirit people, to help them realize that they are no longer in the physical, and/or to help them correct other misconceptions that are severely hampering their progress in the spirit realms (1228:n12, 1322:3).

**Séance:** The same as Sitting (*see below*).

**Self, real:** *See* Real self, *above*.

**Shells:** A term some use for astral bodies (1319:4) and for thought forms (1319:9).

**Sitting:** The same as a séance (1206:n5). A private sitting with a medium is usually for either communion with spirit friends and loved ones, or to experience physical spirit phenomena (1242:1, 1110). A group sitting is the same as a circle (*see* Home circle, Rescue circle).

**Soul:** The spark of the divine that is in each human being (601:2).

**Spirit:** The animating factor that is in each human being and all living things (601:3).

**Spirit blindness:** An inability of some spirit people to see certain things that they have previously been convinced they will be unable to see (1228:4–5).

**Spirit body:** The body comprised of all the various bodies we still retain at any time, other than the physical [earthly] body. [Also known as the *etheric*, *incorporeal*, *counterpart*, *subtle*, and *beta body*, and sometimes as the *etheric double*.] In ascending order of more rapid rates of vibration, it may include the astral body, the psychic body, the spiritual body, the celestial body, and others (1310:4–8).

**Spirit chemists:** Usually chemical engineers who confine their activities to preparing a medium’s physical [earthly] body to absorb more of the vital chemicals needed in producing fuller and more complete and satisfactory manifestations of phenomena (1130:4).

**Spirit guides:** Spirit people who touch our lives for varying lengths of time for various purposes; not one of us is without them (1221:1).

**Spirit healing:** Healing given when a spirit guide enters the auric emanations of a medium and uses the physical [earthly] body of the medium to heal another person (1102:7).

**Spirit realms:** All the spheres or planes (levels of consciousness) occupied by those who do not live in an earthly body. In ascending order of more rapid rates of vibration, they consist of: the Astral Realms, the Spiritual Realms, the Celestial Realms, and the Kingdoms (1301:1–2).

- Spirit scientists:** Those who undertake scientific research in the spirit world and/or help make certain spirit demonstrations possible (1130:3).
- Spirit world (spirit realms):** All around and about us, it consists of *all* the spheres or planes (corresponding to levels of consciousness) occupied by those who do not live in a physical [earthly] body (1301:1).
- Spiritual healing:** Healing that takes place when one or more spirit people heal the patient directly (1102:11).
- Spirituality:** Part of one's mentality, it is evidenced by the level of one's moral consciousness and the nobility of one's character, ideals, aspiration, and efforts; it is by far the most important of one's noble qualities (608:1-4).
- Standby:** A skilled spirit communicator who speaks for spirit people who have not mastered the techniques of voice communication [with people on earth] (1233:3).
- Survival** (with a capital S): Survival of death of the physical [earthly] body (315:1).
- Survivalist:** One who believes or knows that we all survive the change called death (1201:1).
- Telekinesis (TK):** The production of motion in a body, *apparently* without the application of material force (B09:9).
- Teleplasm:** The plasm used to reproduce audible sound (1121:6).
- Thought forms:** Resembling astral bodies, these are created and controlled usually by the minds of those who live on earth (1319:9-11,n9).
- Trance:** An altered state, in which spirit guides may have anywhere from slight to complete temporary control over the medium's speech and actions (1236:6-9, 1126:5).
- Travelling clairvoyance:** Describing what at the moment is taking place elsewhere, sometimes hundreds or thousands of miles [kilometers] away (1313:4). [Also known as *remote viewing*.]
- Truth:** That which is eternal (without end) (301:3).
- Twin souls:** The two halves of one soul (being), one male and one female, which will ultimately reunite (1321:2,13,18).
- Universal Mind:** The source of supply; power in essence; all that is known and unknown by humanity; an infinite reservoir of information (601:4).
- USB:** The Universal Spiritual Brother&Sisterhood on earth, The Universal Spiritual Brotherhood in the spirit world and formerly on earth (101:1,n1).

## ***Glossary***

**Vital life force:** A subtle and as-yet unmeasured essence contained in oxygen that is vital to life. [Also known as *life force*, *vital energy*, *bioenergy*, *chi*, and *prana*.] (913:3).

**Voice box:** An artificial larynx constructed by spirit chemists and scientists from various plasms contributed by the medium mostly, together with other chemicals they bring, for spirit communicators to use in speaking instead of using the medium's vocal cords (1122:2, 1218, 1233:7).

**Will** (of an individual): The part of one's consciousness that provides the power of choice and deliberate action or intention (701:1, 1231:4).

**Wisdom:** Knowledge of what is true or right coupled with just judgement as to action (861:5).