

THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org



eNL-17, November 2019

Dear Brothers and Sisters:

We send out this e-newsletter with our love and blessings to all those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. If you know others who might like to receive our nonreligious newsletters, please consider sharing these free publications with them. And they can easily [subscribe](#) for future editions. Past newsletters (with considerably larger text) are archived on [the USB website here](#).

First and foremost, we pass on to our brothers and sisters the constant reminder of our Illumined Inspirers to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

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Our Previous Newsletter:

If you missed our previous e-newsletter (eNL-16 of August 2019) you can find it [here](#) (scroll down on the webpage to see a list of past newsletters). It addressed:

Spirituality and Greta Thunberg

About Cycles

*What You Can Learn from Afterlife Studies
about the True Purpose of Your Life*

Michael's Corner

Spirituality



Reports from USB Groups

The Los Naranjos group in Javea, Spain. Group leader Pete reports that this group has begun holding weekly circles for the development of trance and spirit communication. We wish them great success.

Some Anniversary Celebrations

This October John Finnemore, a volunteer at USB headquarters and group leader of the Foothills group in Cupertino, California, celebrated the 60th anniversary of his membership in the USB. (Please inform us if you know of any other long-term members.)

December 23rd will be the birthday of our founder, Michael Flagg, born in Shanghai, China in 1903.

On December 28th the USB will celebrate the 63rd anniversary of its founding on earth.

The Importance of Mediumship to the USB

A ‘medium’ is described in *Spiritual Light* as a human on earth who is used by spirit people as a ‘channel’ to communicate with people on earth and to produce other psychic phenomena; mediumship is the practice of a medium. Without this type of spiritual communication, the USB (The Universal Spiritual Brother&Sisterhood) would not have been founded on earth by Michael Flagg. Mediums and their mediumship can vary greatly in spirituality, accuracy, and spiritual perception, which is in large part why spirit USB members encouraged Michael Flagg, during his first four years of spirit communications in California, to go to the UK to seek more advanced and spiritual mediums who knew nothing about him and who could channel the very-high-level communicators who wished to give him their knowledge.

In 1956, when Michael first went to the UK, he met Leslie Flint, the world-famous independent direct voice medium, and had numerous sittings with him. Those sittings continued in a subsequent UK visit, giving and clarifying information for the development of the USB on earth. [Independent direct voice mediumship is a rare form of physical mediumship in which an ectoplasmic voice box is formed, usually to one side of and above the medium. Most mediums of this



kind would enter a deep trance but in Leslie's case he was always fully awake. Deep trance involves the medium going into a self-induced trance state to the point where, in effect, they are asleep.]



Michael also had a similar number of sittings with another famous and well-respected medium: Estelle Roberts. She would regularly fill the Royal Albert Hall in the UK with her clairvoyant demonstrations. Also, she was one of the best deep-trance mediums in the UK and it was during Michael's deep trance sittings with her that he had more communications from Red Cloud, Estelle's distinguished spirit guide, and other USB Inspirers, some of whom had recently spoken through Leslie's mediumship, sometimes even that very same morning! Their discourses and conversations usually continued from where they had left off in a previous sitting.

During his 1957 UK visit Michael also sat with other excellent deep-trance mediums like Queenie Nixon and Peter Couchman. Through these four top-class mediums spoke many of the greatest enlightened spiritual teachers of the past, many of whose teachings had led to great world religions. Some of them spoke through two, three, and even four different mediums, thus confirming their identities. Some delivered cross-correspondences, in which different mediums received partial phrases which only made sense when later assembled together. This provides excellent proof that the same spirit communicators were working through different mediums and that the mediums were not creating the messages.

For 24 years, all of this information that Michael received and spirit verified, he mailed out in newsletters to hundreds of people on his mailing list.

Before Michael returned to spirit life, he asked his friend of 26 years, John Finnemore, if he would combine all the newsletters into a book, which John was pleased to do. The result is a reference book titled "*Spiritual Light*," which anyone may use, but which is particularly intended for students wishing to study and discuss it in a group setting.

Your Spiritual Progress

Based on the teachings of the USB's Inspirers, following are three very important things you can do to help accelerate your spiritual progress:

1. Be familiar with, and develop a working knowledge of, the 14 major spiritual laws that govern; they are outlined in *Spiritual Light (SL)* chapter 4. (There are innumerable others.)
2. Work at learning all the lessons that can be learned only on earth (*SL* 1425) while living spiritually in a material world. (*SL* topic 1425 makes it clear that these first two actions are *essential* to progressing.)
3. Spend regular time thinking about those aspects of yourself that you believe you probably came here to improve in this lifetime, and then make definite plans for how you will work on them.

USB Canoeists?

Recently, when John was trying to be receptive to spirit inspiration, he “saw” an image of men working on building a canoe with strips of wood. Starting to make a note of it, more information came to him, that the USB is “building a canoe” which will journey and take the USB message to various locations where it will be welcomed. A tradition will be



established, of visiting homes and groups of people, to share the spiritual good news.

The news bringers will be USB “canoeists,” supporters who will go out and talk to people about the USB and its book. They will take with them some excerpts from the audio recordings (soon to be

completed) of Michael's discussions with Illumined Souls and play them to those audiences. This will be an important way in which the USB's message of joy and truth will spread. As a starting point, with spirit inspiration, John will prepare a “guide” on how to do this.

Upon further reflection, the idea of canoe journeys seems to fit very well with the North American Indians who are among the USB's spirit leaders and inspirers.

The Highest

In *all* our earthly activities let us always uphold the ideal that our thoughts, words, and deeds should be *the highest*. Make this our motto and password. In this way we will combat apathy and reform human lives. If images help, visualize an angel with an outstretched arm pointing upward. (Thanks to Geoffrey Hodson for these thoughts.)



The Coming Holiday Season



Spiritual Light. Consider giving a copy of the USB's [Spiritual Light](#) book as a handsome holiday gift for friends and loved ones interested in spirituality and wisdom. Choose a deluxe or paperback edition considering the shipping charges to your location—see the [USB bookstore](#) or our [November 2018 newsletter](#).

Amazon Smile. For all your Amazon purchases this season (and thereafter), Amazon will make donations to the USB if you buy through Amazon Smile (same products, prices, and features, no cost to you). If this appeals, learn more at <http://smile.amazon.com/about> and enter our full name: The Universal Spiritual Brother&Sisterhood. Thank you.

A Holiday Story about Spirit Help. Hear the delightful aviation ghost story “The Shepherd” that we featured in our [November 2018 newsletter](#).

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We leave you with these words of an Illumined Soul of the USB, revered by hundreds of millions of people, who has said:

“Let your light so shine, that those who seek [light] shall absorb it! Let your heart so sing, that those who cross your path shall feel the joy that is yours!”

In love and peace and brother-and-sisterhood,

Your USB newsletter team,
JF, PF, FG, PS

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

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