

THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org

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Dear Brothers and Sisters:

This fifth e-newsletter is sent out with our love and blessings to all those on both sides of life who are dedicated to the ideal of The Brother&Sisterhood (USB)—the universal spiritual brother-and-sisterhood of all humanity. We hope you will share these letters with people who you think might appreciate such information; they can easily subscribe for future (free) editions.

Where teachings are concerned, we pass on to our brothers and sisters the constant reminder of our Illumined Inspirers to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

In This Newsletter:

[Recent Developments](#)
[Fundamental USB Teachings on Love and Truth](#)
[A Smorgasbord](#)
[Reports from USB Groups](#)
[How the USB \(on Earth\) Is Different](#)
[Interested in Getting Involved, Giving Help?](#)
[Some Questions and Answers](#)

Our Previous Newsletter

If you missed our fourth e-newsletter (ENL-04 of July 2016) you can find it [here](#) (scroll down on the webpage to see our list of past newsletters). Its topics addressed:

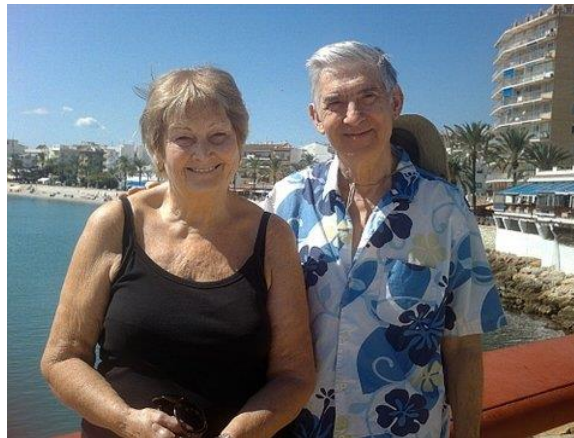
Recent Developments
The USB's Mission and Vision for Humanity
Reports from USB Groups
The Greatest Gift – a Teaching from Spiritual Light
What Determines Who We Are?
Beliefs and Spiritual Progress
A Sanskrit Prayer
Some Questions and Answers

Members and supporters are invited to submit material for possible inclusion in future issues.

Recent Developments

The Passing of a USB Group Leader and Medium. We sadly note that our USB study group in Jávea, Spain, lost its leader, Deanna Sparks (1940-2016) on September 21st when she returned to spirit life. Born in England, Deanna was a Registered Approved Medium (RAM) of the Institute of Spiritual Mediums in Britain and an ordained minister. She served churches and spiritual groups in Britain, the U.S.A., Russia, France, Spain, and Malta as a clairvoyant medium and speaker. She also taught many groups and gave many individual readings and healings. On a number of occasions Deanna helped me (John) and the USB with her mediumship; I reported an interesting instance with good evidence in the USB'S book, *Spiritual Light* (under [Introduction](#) see **The Book** par. 4).

Leadership of Deanna's group is being continued by her husband, Pete (pictured below with Deanna). Also, the USB circle for spiritual development that Deanna was planning to start has recently been inaugurated by Pete; it currently consists of the same group members, all whom have had circle experience. Those group members will undoubtedly be looking forward to hearing from Deanna from the spirit world.



Dee with her brother John (me) in Jávea, Spain.



Dee with her husband Pete.

Our new Facebook address. Now you can easily and conveniently visit the USB's Facebook page by using its new short address: www.facebook.com/theusb.org/ (save it in your bookmarks). Visitors to the USB's Facebook page will need to be Facebook members in order to log in and view the USB page.

Fundamental USB Teachings on Love and Truth

Excerpts from the USB's book of inspired teachings, *Spiritual Light*, are presented below (with references to the specific book Topic and paragraph in parentheses).

In all things we do, there is no cause greater than **Truth** (102:5).

Truth is that which is eternal (has no end) (301:3).

As we progress our *perception* of **Truth** changes, but **Truth** itself never does (303:1).

Truth in itself makes one strong (304:3).

Truth is the *giver*, providing, to those who truly seek, the greatest of riches of all (304:4).

Because its beauty is beyond compare, **Truth** must never be concealed from those who truly seek it (317:1).

A responsibility of the true teacher of **truths** is to expose what is false (325:1).

Love is the greatest basis of spiritual life (104:2).

A Blessed Inspirer has said "We preach a God of **love**, of tolerance, of understanding..." (501:2).

The USB is working to unite all people in peace, **love**, and harmony... (E01, Col.6:3).

All labors of **love** are made easy *because* of the love (512:1).

Love with the eyes wide open (513).

When one loves, with a **love** that enfolds the entire universe, then one indeed is like unto God (512:4).

These teachings are presented in the USB's principal book, *Spiritual Light*, which became widely available in 2014 (see the USB website's [bookstore](#) for the book's availability in paperback and hardcopy).

A Smorgasbord

When people enjoy a smorgasbord they usually select items they like, rather than taking one of everything. That is how it should be with the teachings offered by the USB. An Illumined Soul has said (*Spiritual Light*, 316:3),

“It is our joy to share. It is our joy to prepare food for the hungry soul, and to place before the seeker what we feel will provide a measure of enlightenment. But it is the prerogative of all to accept or reject what we place before them.”

In addition, Illumined Souls have repeatedly reminded us to not accept anything unthinkingly from anyone, themselves included, and to accept only what our inner being tells us is true *and* our reason completely embraces.

Reports from USB Groups

My (John’s) visit to USB Groups in Spain. In late August and early September I met with members of two USB groups in Spain, driving between the towns of Santo Domingo and Jávea. These members are truly delightful, loving, giving people. I thanked them for all they were doing to support and spread the USB mission.



John at the waterfront of Jávea (Xàbia), an east-coast town in Spain.

Members expressed their joy in having discovered the USB and the teachings in *Spiritual Light*. They told me of various ways those teachings had helped them improve themselves spiritually and improve the world, thereby contributing to the goal of Illumined Souls.

One group, discussing in English, has met for about a year now. The other, discussing in Spanish, has been meeting for about three years. It has been translating the English book into Spanish as it proceeds, and has almost completed this effort. We discussed various follow-on activities they might undertake when they finish, including deeper re-study of the book, sitting for spirit communication and/or spiritual development, and starting new groups.

I answered members’ questions, including a number about the life and values of Michael Flagg, the USB’s founder on earth (I would like to write about this one day). And I reminded them of activity guidelines for groups, which are posted on the USB website’s [What One Can Do](#) page.

Our discussions led to the decision that, in group meetings, we should not name sources when mentioning teachings by others.

I played an audio CD of extracts from a 1956 sitting Michael had with the outstanding independent direct voice medium, Leslie Flint, through whom a variety of spirit people spoke in their own voices to introduce Michael to the spiritual mission he was about to embark on and to encourage him. Group members told me how hearing those voices added so much to their reading of *Spiritual Light*, as group discussion also does.

I was very pleased with those meetings. Members reported enjoying their participation and I pray that interested people will continue to form more such groups in the future, for their many benefits.

A broadening group. One group in Spain, which has been meeting one day a week for over a year to study and discuss *Spiritual Light*, has recently started to broaden its horizons by devoting alternate weeks to holding circles for spiritual development.

Cupertino Group Listens to a USB Audio Recording. Group members greatly enjoyed hearing the same recording extracts I played in Spain (see three paragraphs above).

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If you are interested in forming a USB group please [contact us](#).

How the USB (on Earth) Is Different

The *main* difference between the USB and many other spiritual organizations is that the USB originated in and was organized from the spirit world, not on earth. It is an earthly counterpart, patterned and named after the ancient organization in the spirit realms. Its spiritual teachings and rules are approved by truly Illumined Souls.

Some further things that distinguish the USB from other organizations that believe in human survival after death include:

- it is inspired and guided by Illumined Souls;
- it is not a religion, it is *an organization of spiritual truth*;
- it stresses higher teachings and philosophy;
- it insists that no one should accept anything unthinkingly from anyone, including from the USB;
- it is completely detached from commercialism;
- it requires that its financial support must come freely, with love, from people's hearts;
- it is absolutely clear about not only what it *supports*, but what it *opposes*;
- in its activities, it opposes: worship of any one or thing except God; rituals or rites; fees and solicitation for funds; politics; debating; smugness; and excessive praise.

Interested in Getting Involved, Giving Help?

For the USB's teachings to spread, the USB needs people interested in its mission to volunteer their skills.

Very important is the need for people familiar with *Spiritual Light*, the USB's principal book of inspired teachings, to host or help host study/discussion groups, including international groups, which could 'meet' or communicate using email and/or video-conferencing (e.g., Skype).

We also need help:

- finding people interested in the USB's teachings;
- developing a Twitter page and writing occasional blogs;
- creating many forms of publicity (meetings, presentations, media, documents, published letters and articles);
- spreading information about the USB, *Spiritual Light*, and this newsletter;
- receiving financial support.

As noted in "[An Offer and a Call](#)" in the front pages of *Spiritual Light*, Illumined Souls have offered to help humanity address its many problems, but they need interested people on earth to join them in their efforts.

For more ideas or to contact us about getting involved, please see [the USB website](#).

Some Questions and Answers

Here I will include a few questions that readers and supporters have sent me, and my (John Finnemore's) answers; I hope to continue these in future newsletters.

Q1. What might be some of the mentioned "shackles" that bind people on earth?

A1. These may include: materialistic living; hunger for power and wealth; greed; envy; ignorance of our spiritual nature; accepting untruths that have been taught us, particularly those that are spiritual, that mislead, and that breed fear; and spiritual misconceptions and superstitions that affect our lives.

Q2. Who are Estelle Roberts and Leslie Flint, mentioned in the acknowledgments on *Spiritual Light's* copyright page?

A2. They are two of the well-known, outstanding British mediums that Michael Flagg had sittings with, when he first discovered the Illumined Souls and their mission.

Q3. A reader asks: If it is the case that we, in spirit, plan our future lives on earth with the help of spirit advisors, why would some people undertake lives in which they will probably be tortured or brutally killed?

A3. There are numerous possibilities. For example: They may wish to learn something from the experience. They may feel it is a necessary way to teach something to many observers. They may have mistreated others or allowed or caused such mistreatment and need to experience that mistreatment for themselves. Or they may be giving a service by allowing people who *claim* to have learned to behave humanely to be tested by opportunity.

A reminder: While seeking answers to questions let us not forget to concentrate on those areas that will help improve ourselves and our world.

We thank you for your interest in the USB and hope you will forward this newsletter to people you think might also be interested. They can ask to be added to our subscriber list (for our approximately quarterly, free newsletters), which is also accessible [here](#).

An Illumined Soul, revered by hundreds of millions of people, said “We come in humbleness and in spiritual desire to work *with* you, and *through* you... We only ask that you accept and treat us as sisters and brothers a little more enlightened.”

In love and peace and brother-and-sisterhood,

Your brother,

John Finnemore

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

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