

THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org

ENL-01
July 2015

Dear Brothers and Sisters:

We welcome you to news of our mission to improve the spiritual future of life on earth. It is with much gratitude to our spirit inspirers that we send our first electronic newsletter (ENL) on its way. It goes with our love and blessings to those on both sides of life who are dedicated to the ideal of The Brother&Sisterhood (USB)—the universal spiritual brother-and-sisterhood of all humanity.

The USB on earth was founded in 1956, under the direction of Illumined Souls (beings of extraordinary spiritual elevation, also referred to as Ascended Masters, Beings of Light) who have led its parent organization in spirit life for ages. Their pledge has always been to only share what meets their highest standards. We strive to spread their truth and enlightenment; volunteers could help greatly with this and are invited to contact us.

Our Most Important News: Release of the book 'Spiritual Light'

In September 2014 the complete official teachings of the USB were published under the title *Spiritual Light: Universal Teachings from the Highest Spirit Realms*. We consider them to be a treasured resource, for study, discussion, and reference. They provide the best evidence of the high spirituality of their inspirers.

Their value is confirmed by the [acclaimed endorsements](#) they have received. For example, John White, author of 15 books including *What Is Enlightenment?* and editor of *Psychic Exploration: A Challenge for Science* by Apollo 14 astronaut Edgar Mitchell, gave this endorsement:

Spiritual Light is an encyclopedia of wisdom which should be understood by all humanity. It presents the essence of world religions and sacred lifeways and offers it in a unified text of universal teachings which is properly called “spiritual” rather than “religious.” It is a guidebook to happiness, holiness and healing the material world by receiving the light of God, as transmitted to us by the Universal Spiritual Brother&Sisterhood.

In an article in the North Carolina newspaper Chatham County Line, Betty Phillips in February 2015 wrote:

You can find a path to truth in 700 or so pages produced for us from the highest spiritual levels and documented by individuals of great integrity and dedication. How do I know? ... I've been studying this issue seriously and earnestly since 2007, ... reading continuously until I find words of truth. Then I found “Spiritual Light” sent to us from the highest heavens.

Read more of [this article](#) and [similar articles](#) here.

More about *Spiritual Light* and its availability for purchase can be found at [the USB's website's bookstore](#). Some selected extracts are included below.

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The New Electronic Newsletter

We plan to distribute these newsletters every two or three months, although early issues may be less regular. Anyone can subscribe to them for free on the USB website at [Newsletters](#), where we will also provide access to archived issues. You are receiving this because in recent months you have shown interest in the USB, its website, blog, or book, *Spiritual Light*. We hope readers will recommend them to people they think would be interested. To unsubscribe please send an email to staff@theusb.org with 'Newsletter Unsubscribe' in the subject line.

These newsletters differ considerably from those we distributed from 1958 to 1982. Those concentrated on distributing spiritual philosophy and teachings that Michael Flagg, the USB's founder on earth, regularly received through mediumship; after the Illumined Souls reviewed and approved them, they were printed and distributed by surface mail. Now that the collected teachings are available in book form, our purpose is to keep readers informed of developments in our mission to spread and put those teachings into effect. As we do not currently have anyone able to communicate with the Illumined Souls, through mediumship or otherwise, our newsletters are not currently receiving their review.

Members and supporters are invited to submit material for possible inclusion in future newsletters.

Our Spirit Leaders and Inspirers

The leaders and inspirers of the USB, a group of beings of extraordinary spiritual elevation and wisdom, and including many of the greatest spiritual teachers of all time, guided the foundation of the USB on earth in 1956, to parallel the age-old organization in spirit. These great souls, often referred to as Illumined Souls, strove to find a way to *directly* share with us on earth their knowledge and the spiritual principles they teach today. These teachings are collected and presented in *Spiritual Light*, the only complete *official* teachings and philosophy of the USB.

The difficulties that the Illumined Souls had to overcome to communicate with and transmit their teachings to Michael on earth for 30 years are beyond imagination. Their behind-the-scenes guidance, leading for example to the completion of [Spiritual Light](#), the [wonderful book endorsements](#), the [published articles about the book](#), and as recounted in the book itself, fulfils their promise be with us all the way. It all was and is a great work of love for humanity.

USB Principles and Purposes as Printed in Spiritual Light

Where teachings are concerned, as always, we remind our brothers and sisters to accept nothing—not even of what we say—that their reason does not wholeheartedly embrace and that their inner being does not unreservedly sense is true.

Principles of the USB

1. God is That Which Is All-Good—a God of Love and Wisdom, of Law and Justice.
2. All humankind are God's children, and this means we are *all* spiritual sisters and brothers without exception.
3. Our lives are eternal and we retain our individualities after the change called death.
4. Under certain conditions we can commune with those in other expressions of life.
5. We are each personally responsible for all we say, think, and do; and no belief in anyone, or allegiance to anyone, can absolve us from that responsibility.

6. The law of cause and effect, like all other spiritual laws, knows no exception; and as we sow we reap, here or hereafter.
7. The doors to spiritual progress are never closed to anyone—and loving ones will help us if we but reach out our hearts and minds to God.
8. Aspiration and effort are inseparable, so one cannot *truly* aspire without making the effort.
9. We should serve selflessly, as best we can, to bring love and peace and harmony to humanity, to bring the day ever nearer when all shall live in a universal spiritual brother-and-sisterhood.

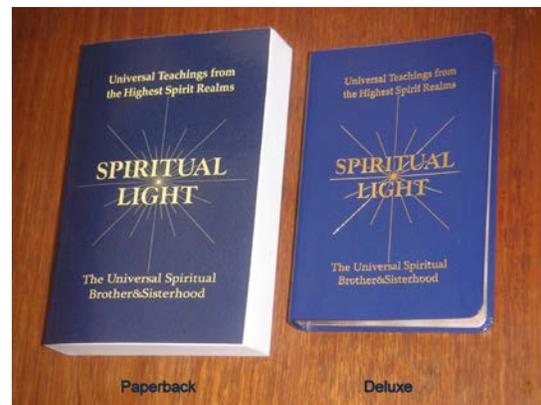
Purposes of the USB

1. To unfold to humanity a way of life, and a new understanding of God’s will and purpose.
2. To bring a universal awareness of the spark of God within each of us, and a realization that love is the greatest basis of spiritual life.
3. To bring to humanity peace and tranquillity of spirit, and happiness of heart and soul.
4. To break down the barriers that stand between one nation and another, between one people and another, and between one individual and another.
5. To break down the barriers of creeds and dogmas.
6. To cast aside ignorance and replace it with truth.
7. To form one great spiritual brother-and-sisterhood throughout the world.

The USB Website

The USB website at <http://www.theusb.org/> offers:

- Our recently-released book, *Spiritual Light*. Published by USB Vision Press, the book is available in paperback and “hardcover” via <http://www.TheUSB.org/bookstore>. The deluxe version, a more compact and very durable “hardcover” version, is designed to survive well into the future;
- A collection of book [endorsements](#), many of high praise, by authoritative reviewers including Deepak Chopra;



- [Articles about the USB and its book](#). Published in journals, psychic newspapers, posted on websites, and presented at conferences, quite a number of them have been written by people who have just learned about the USB’s spiritual quest and felt inspired to help publicize it in such ways. These include Michael Tymn, editor-in-chief of the *Journal for Spiritual and Consciousness Studies*, and Betty Phillips, a regular contributor to *Chatham County Line*, a North Carolina online newspaper. The USB is most grateful for all such contributions and looks forward to more people doing the same. Please [let us know](#) of all items published; I (John) would be very happy to review drafts for factual accuracy;
- Free copies of the USB leaflet in PDF format are available from the Leaflets section of the [USB Bookstore](#). These leaflets provide a convenient way to introduce the USB to interested newcomers, especially for those without ready access to the Internet. It is easy to print and have a few copies on hand for this purpose, but please remember that the USB does not wish to push itself on anyone; we can offer leaflets for people to *consider*.

USB Members, Supporters, and Followers

The Brother&Sisterhood is an organization of spiritual truth open to all. As an Illumined Soul puts it: “It is our wish that not one soul shall be turned aside who desires to walk with us.” We bless all souls, whether or not they are supporters or members of the USB. We welcome *all* who wish to join with us. One need *not* accept every purpose or principle of the USB to become a supporter or member, *nor* need one give up any beliefs or affiliations.

In the 1960s and 1970s, when Michael was distributing teachings as he received them, the USB had over 800 members in 28 countries. Membership, which has always been free, then entitled one to receive the newsletters containing the teachings. Since those times most of those members have “faded away.” A few have remained, and have helped to compile the teachings into the book.

With the recent release of *Spiritual Light* and its related publicity, people have started to rediscover the USB. Some of those people, after reading about the USB’s values and mission on its website, immediately applied to be members. This is really inspiring because now the main benefit of being a member is even more spiritual: to feel closer to the USB mission and its spirit leaders. They say the USB offers them pure (and nonreligious) spiritual inspiration, guidance, and answers about the purpose and meaning of life that enable them to go further and higher than other paths; requiring them to reason for themselves, they found it a thing of great beauty.

Members today will continue to receive our newsletter, as well as experiencing the spiritual benefits described above. Other people may become followers (subscribing to newsletters, attending groups, etc.) or supporters (also actively helping promote the USB mission in ways they choose).

The USB’s spiritual rules do not allow it to solicit for financial support; it depends upon freely and voluntarily given contributions, most likely made by supporters and members. Such people also provide most of its volunteers, which it prefers to use wherever possible to keep its operations spiritual and beyond question.

USB Groups

Spirit inspirers have told us of the importance of small local USB groups, in which people gather together to discuss the USB teachings, as was common in the early days of the USB. Harmony within groups is of *tremendous* importance. When, before the book was published, I (John) led a USB study group, its members and I found participating to be one of the most satisfying experiences of our lives. Reading the teachings on one’s own does not compare at all with the group experience. So we strongly encourage interested people to form USB groups. They are required to be led by a registered USB member approved by headquarters.

One group of nine people near Madrid, Spain, has met every second week for the past two years. They are studying and discussing *Spiritual Light* chapter by chapter. Members pose their questions and share their views harmoniously. They sometimes direct healing to those in need. Members say they find the meetings uplifting, energizing, and helpful with their daily challenges, spiritual growth, and with ways in which they can be better examples to others.

Another discussion/study group of five, led by a British accredited medium, started meeting weekly in Javea, eastern Spain, early this May. They are progressing through *Spiritual Light* chapter by chapter.

Upcoming groups: I (John) am planning to form a USB group in the Cupertino, California area in the fall of this year.

People in areas where there are presently no USB groups may be able participate in a distant group by email, etc.; they should contact USB headquarters.

If you are interested in finding, joining, starting, or helping run a USB group, please contact us via staff@theusb.org.

Recent USB Activities

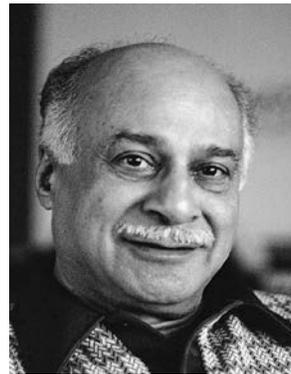
Some supporters and members are serving by translating *Spiritual Light* into Spanish. Others have written very helpful book reviews on [Amazon US](#) and [Amazon UK](#) and of course we would be delighted to receive more; one reviewer unknown to us has written “Perhaps the greatest book ever written—so far.” Some people have purchased and given books to friends and relatives and to their local libraries (we suggest the durable deluxe version for this). Others have written published articles as noted under “The USB Website” above.

The USB has also submitted articles for publication, made presentations at conferences and meetings, prepared the USB leaflet, and has started issuing newsletters with this issue.

Anniversaries

On December 28, 2014 we celebrated the 58th anniversary of the founding of the USB on earth as a nonprofit corporation, by Michael Flagg. On February 18th we remembered Michael’s return to spirit life, and his poem, “Rejoice for Me!”:

Weep not for me when I am gone,
I shall have journeyed to the *known*:
Old scenes; old friends to gaze upon,
Greet and embrace—own of my own.
The wells of memory shall be
Unsealed, and all the glorious past,
Half hidden now, revealed to me—
A traveller home again at last.
So I implore one thing of thee:
Weep not; instead, *rejoice* for me.



(Although the USB does not seek to glorify any one person, or to set aside days for particular individuals, we do want to honor Michael’s role as a humble servant of the USB, by founding it on earth and delivering its teachings to humanity.)

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USB's Future Plans

To reach new and hopefully larger audiences USB headquarters is planning to release a Facebook page soon (The Universal Spiritual Brother&Sisterhood – USB) and some short YouTube videos; we hope supporters will help publicize these when they become available.

We do not solicit anyone's assistance but we could clearly achieve much more with additional helpers and volunteers, who would help the USB to give and thereby also contribute to its special reputation. For example, we would welcome some contributors to our blog page. The USB website lists [ways one can help the USB](#) to help others. We are exceedingly grateful for the help we have received from some members and supporters.

A professional marketing and publicity consultant has recently advised us that in particular we should find experienced helpers in the following three areas: marketing copy writing, social media advising, and graphics/design. We could also use help in converting *Spiritual Light* from DOC or PDF format to Kindle and/or ePub.

We pray that all “servants in the vineyard” will receive ever greater strength and courage as they serve their fellows, spreading truth and enlightenment to those who cross their paths.

In love and peace and brother-and-sisterhood,

Your brother,

John Finnemore

If any teaching and/or philosophy in this USB document is in conflict with or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

The Universal Spiritual Brother&Sisterhood, an organization of spiritual truth open to all, is not linked in any way with any other group or organization on earth.

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